

# ASHFORD MEAL CALENDAR

November

2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b> Scrambled Eggs Bacon/Sausage Toast & Fresh Fruit	<b>BREAKFAST</b> French Toast Bacon/Sausage Fresh Fruit	<b>BREAKFAST</b> Breakfast Sandwich Hash browns Fresh Fruit	<b>BREAKFAST</b> Biscuits & Gravy Scrambled Eggs Hash Browns & Fresh Fruit	<b>BREAKFAST</b> Pancakes Bacon/Sausage Fresh Fruit	<b>BREAKFAST</b> Omelet Bacon/Sausage Hash Browns & Fresh Fruit	<b>BREAKFAST</b> Waffles Bacon/Sausage Fresh Fruit
				1 L- Pulled Pork Salad, Tomato, Onion, Black Beans, Fresh Fruit  D- Cheeseburger, Chips Lettuce, Tomato, Onion, Fruit  SOUP: Minestrone	2 L- Salmon, Cooked Spinach, Rice Pilaf, Fresh Fruit  D- Beef Taco, Rice Beans, Lettuce, Tomato, Fruit  SOUP: White Chicken Chili	3 L- BBQ Chicken, Baked Beans, Macaroni Salad Fresh Fruit  D- Egg Salad Sandwich, Chips, Pickle, Fruit  SOUP: Cheddar Vegetable
4 L- Pork Roast, Mashed Potatoes, Gravy, Peas Roll, Fresh Fruit  D- Chicken Salad Croissant, Chips, Side Salad, Fruit  SOUP: Tomato Basil	5 L- Chicken Parmesan, Spinach, Macaroni Alfredo, Fresh Fruit  D- Shepherd's Pie, Roll, Beets, Fruit  SOUP: Baked Potato Chowder	6 L- Country Fried Steak, Mashed Potatoes/Gravy, California Veg, Roll, Fresh Fruit  D- Chicken Alfredo, Pasta Broccoli, Garlic Bread, Fruit  SOUP: Chicken Pot Pie	7 L- Steakhouse Chicken, Ranch Potato Wedges, Green Beans, Fresh Fruit  D- Taco Salad, Roll, Fruit  SOUP: Clam Chowder	8 L- Sweet & Sour Pork, Egg Roll, Veg. Rice, Broccoli Fresh Fruit  D- Chicken Patty Sandwich, Rainbow Pasta Salad, Fruit  SOUP: Cream of Mushroom	9 Fish & Chips, Cole Slaw, Tartar Sauce, Fresh Fruit  D- BLT Sandwich, Chips, Pickle, Fruit  SOUP: Cream of Broccoli	10 L- Salisbury Steak, Mashed Potatoes, Gravy, Riviera Veggies, Fresh Fruit  D- Enchilada Pasta, Side Salad Fruit  SOUP: Chicken Potato
11 L- Baked Ham, Roll, Mashed Sweet Potatoes Green Beans, Fresh Fruit  D- Beef Stew, Cornbread, Fruit  SOUP: Roasted Vegetable	12 L- Meatloaf, Cheesy Scalloped Potatoes, Beets, Mixed Veggies, Fresh Fruit  D- Chicken Shirley, Rice, Peas Fruit  SOUP: Corn Chowder	13 L- Chicken Cordon Bleu, Rice, California Veggies Fresh Fruit  D- Stuffed Baked Potato Toppings, Side Salad, Fruit  SOUP: Cauliflower	14 L- Swedish Meatballs, Egg Noodles, Zucchini, Roll, Fresh Fruit  D- Ham & Potato Casserole, Corn Bread, California Veggies  SOUP: Creamy Chicken Noodle	15 L- Chicken Pot Pie, Green Salad, Fresh Fruit  D- Philly Cheesteak Sandwich, Ranch Potato Wedges, Veggies  SOUP: Minestrone	16 L- Tilapia, Spinach, Sweet Potato Fries, Tartar Sauce, Fresh Fruit  D- Pizza, Breadsticks, Side Salad, Fruit  SOUP: White Chicken Chili	17 L- Teriyaki Chicken, Egg Roll, Rice, Mediterranean Veggies, Fresh Fruit  D- Hot Dog, Rainbow Pasta Salad, Chips, Fruit  SOUP: Cheddar Vegetable
18 L- Beef Roast, Mashed Potatoes, Gravy, Cooked Carrots, Roll, Fresh Fruit  D- Baked Ziti, Garlic Bread, Side Salad, Fruit  SOUP: Tomato Basil	19 L- BBQ Pork Sandwich, Baked Beans, Cole Slaw Fresh Fruit  D- Italian Chicken, Pasta, Riviera Veg, Roll, Fresh Fruit  SOUP: Baked Potato Chowder	20 L- Apricot Chicken, Rice, Zucchini, Fresh Fruit  D- Sloppy Joe, Chips, Pickle Fruit  SOUP: Chicken Pot Pie	21 L- Beef Brisket, Mashed Potatoes, w/Gravy, Mixed Veggies, Fresh Fruit  D- Greg's Spaghetti, Side Salad Garlic Bread, Fruit  SOUP: Clam Chowder	22 L- Roast Turkey, Veggies Sweet Potatoes, Stuffing Roll, Fresh Fruit  D- Chef's Salad (AL) Ham Sandwich (MC) Chips  SOUP: Cream of Mushroom	23 L- Crab Salad, Lettuce, Boiled Egg, Tomato, Lemon, Crackers, Fresh Fruit  D- Beef Stroganoff, California Veggies, Roll, Fruit  SOUP: Cream of Broccoli	24 L- Lemon Honey Chicken, Riviera Veggies, Wild Rice Fresh Fruit  D- French Dip Sandwich, Macaroni Salad, Veggies/Dip  SOUP: Chicken Potato
25 L- Roast Turkey, Mashed Potatoes w/Gravy Mixed Veggie, Roll, Fresh Fruit  D- Chili, Cornbread, Side Salad, Fruit  SOUP: Roasted Vegetable	26 L- Lasagna, Salad, Garlic Bread, Fresh Fruit  D- Ham Sliders, Chips, Carrots/ Celery Sticks, Fruit  SOUP: Corn Chowder	27 L- Dressing Casserole, Cooked Carrots, Roll, Beets, Fresh Fruit  D- Meatball Sub, Side Salad, Chips, Fruit  SOUP: Cauliflower	28 L- Meatloaf, Baked Potato Mixed Veggies, Beets, Fresh Fruit  D- Chicken Strips, Mac 'N Cheese, Veggies/Dip, Fruit  SOUP: Creamy Chicken Noodle	29 L- Pulled Pork Salad, Tomato, Onion, Black Beans, Fresh Fruit  D- Cheeseburger, Chips Lettuce, Tomato, Onion, Fruit  SOUP: Minestrone	30 L- Salmon, Cooked Spinach, Rice Pilaf, Fresh Fruit  D- Beef Taco, Rice Beans, Lettuce, Tomato, Fruit  SOUP: White Chicken Chili	1 L- BBQ Chicken, Baked Beans, Macaroni Salad Fresh Fruit  D- Egg Salad Sandwich, Chips, Pickle, Fruit  SOUP: Cheddar Vegetable