

ASHFORD MEAL CALENDAR

February

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST Scrambled Eggs Bacon/Sausage Toast & Fresh Fruit	BREAKFAST French Toast Bacon/Sausage Fresh Fruit	BREAKFAST Breakfast Sandwich Hash browns Fresh Fruit	BREAKFAST Biscuits & Gravy Scrambled Eggs Hash Browns & Fresh Fruit	BREAKFAST Pancakes Bacon/Sausage Fresh Fruit	BREAKFAST Omelet Bacon/Sausage Hash Browns & Fresh Fruit	BREAKFAST Waffles Bacon/Sausage Fresh Fruit
					1 Fish & Chips, Cole Slaw, Tartar Sauce, Fresh Fruit D- Turkey Avocado Sandwich Italian Pasta Salad, Fruit SOUP: Cream of Broccoli	2 L- Salisbury Steak, Mashed Potatoes, Gravy, Riviera Veggies, Fresh Fruit D- Enchilada Pasta, Side Salad Fruit SOUP: Chicken Potato
3 L- Baked Ham, Roll, Cheesy Potatoes Green Beans, Fresh Fruit D- Beef Stew, Roll, Fruit SOUP: Ham & Bean	4 L- Meatloaf, Baked Potato Mixed Veggies, Beets, Fresh Fruit D- Chicken Shirley, Rice, Peas Fruit SOUP: Corn Chowder	5 L- Chicken Cordon Bleu, Rice, California Veggies Fresh Fruit D- Sloppy Joe, Tator Tots, Pickle, fruit SOUP: Cauliflower	6 L- Swedish Meatballs, Egg Noodles, Zucchini, Roll, Fresh Fruit D- Ham & Potato Casserole, Cornbread, California Veggies SOUP: Creamy Chicken Noodle	7 L- Chicken Pot Pie, Green Salad, Fresh Fruit D- Philly Cheesteak Sandwich, Ranch Potato Wedges, Veggies SOUP: Minestrone	8 L- Tilapia, Spinach, Sweet Potato Fries, Tartar Sauce, Fresh Fruit D- Pizza, Breadsticks, Side Salad, Fruit SOUP: Chicken Tortilla Soup	9 L- Teriyaki Chicken, Egg Roll, Rice, Mediterranean Veggies, Fresh Fruit D- Hot Dog, Rainbow Pasta Salad, Chips, Fruit SOUP: Cheddar Vegetable
10 L-Pot Roast, Mashed Potatoes, Gravy, Cooked Carrots, Roll, Fresh Fruit D- Chili, Cornbread, Side Salad, Fruit SOUP: Tomato Basil	11 L- BBQ Pork Sandwich, Baked Beans, Cole Slaw Fresh Fruit D- Italian Chicken, Pasta, Riviera Veg, Roll, Fresh Fruit SOUP: Baked Potato Chowder	12 L- Apricot Chicken, Rice, Zuchinni, Fresh Fruit D- Stuffed Baked Potato Toppings, Side Salad, Fruit SOUP: Chicken Pot Pie	13 L- Beef Brisket, Mashed Potatoes, w/Gravy, Mixed Veggies, Fresh Fruit D- Greg's Spaghetti, Side Salad Garlic Bread, Fruit SOUP: Clam Chowder	14 L- Lakehouse Enchiladas, Cilantro Lime Rice, Pinto Beans Fresh Fruit D- Chicken Wrap, French Fries Watergate Salad SOUP: Cream of Mushroom	15 L- Crab Salad, Lettuce, Boiled Egg, Tomato, Lemon, Crackers, Fresh Fruit D- Beef Stroganoff, California Veggies, Roll, Fruit SOUP: Cream of Broccoli	16 L- Garlic-Lime Chicken, Riviera Veggies, Wild Rice Fresh Fruit D- French Dip Sandwich, Macaroni Salad, Veggies/Dip SOUP: Chicken Potato
17 L- Roast Turkey, Mashed Sweet Potatoes, Mixed Veggie, Roll, Fresh Fruit D- Tuna Casserole, Toast, Green Beans, Fruit SOUP: Ham & Bean	18 L- Lasagna, Salad, Garlic Bread, Fresh Fruit D- Ham Sliders, Chips, Carrots/ Celery Sticks, Fruit SOUP: Corn Chowder	19 L- Dressing Casserole, Cooked Carrots, Roll, Beets, Fresh Fruit D- Meatball Sub, Side Salad, Chips, Fruit SOUP: Cauliflower	20 L-Meatloaf, Mixed Veggies Scalloped Potatoes, Beets, Fresh Fruit D- Chicken Strips, Mac 'N Cheese, Veggies/Dip, Fruit SOUP: Creamy Chicken Noodle	21 L- Pulled Pork Salad, Tomato, Onion, Black Beans, Fresh Fruit D- Cheeseburger, Fries Lettuce, Tomato, Onion, Fruit SOUP: Minestrone	22 L- Salmon, Cooked Spinach, Rice Pilaf, Fresh Fruit D- Beef Taco, Rice Beans, Lettuce, Tomato, Fruit SOUP: Chicken Tortilla Soup	23 L- BBQ Chicken, Baked Beans, Macaroni Salad Fresh Fruit D- Reuben Sandwich, Fries Pickle, Fruit SOUP: Cheddar Vegetable
24 L- Pork Roast, Mashed Potatoes, Gravy, Peas Roll, Fresh Fruit D-Chicken Croissant Sandwich Potato Salad, Side Salad, Fruit SOUP: Tomato Basil	25 L- Chicken Parmesan, Spinach, Macaroni Alfredo, Fresh Fruit D- Shepherd's Pie, Roll, Beets, Fruit SOUP: Baked Potato Chowder	26 L- Country Fried Steak, Mashed Potatoes/Gravy, California Veg, Roll, Fresh Fruit D- Chicken Alfredo, Pasta Broccoli, Garlic Bread, Fruit SOUP: Chicken Pot Pie	27 L- Steakhouse Chicken, Ranch Potato Wedges, Green Beans, Fresh Fruit D- Taco Salad, Roll, Fruit SOUP: Clam Chowder	28 L- Sweet & Sour Pork, Egg Roll, Veg. Rice, Broccoli Fresh Fruit D- Chicken Patty Sandwich, Italian Pasta Salad, Fruit SOUP: Cream of Mushroom		