



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|--|---|------------------------------|
|  <h1 style="color: red; font-family: cursive;">February 2019</h1> <h2 style="font-weight: bold;">Ashford Assisted Living Activities</h2>  | | | | | | |
| 3 | 4 | 5 | 6 | 7 | 1 | 2 |
| 9:30 The Church of Jesus Christ of Latter-day Saints Sacrament Meeting in Memory Care Activities Room 4:30 Super Bowl | 10:00 Exercises 10:30 Bocce Ball 2:00 Bingo 3:00 Trivia | 10:00 Exercises 10:30 Table Flowers 2:00 Fun & Games 3:00 Movie <small>Chinese New Year</small> | 10:00 Exercises 10:30 Crafts 2:00 Bowling 3:00 Get to Know You 7:30 Piano Performance | 10:00 Exercises 10:30 Bingo 1:30 New Testament Study 2:00 Ladder Ball 3:00 Fun & Games | 10:00 Exercises 10:45 Scenic Ride 2:00 Manicures 3:00 Movie | <small>Groundhog Day</small> |
| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 9:30 The Church of Jesus Christ of Latter-day Saints Sacrament Meeting in Memory Care Activities Room | 10:00 Exercises 10:30 Shopping Trip 2:00 Bingo 3:00 Trivia | 10:00 Resident Council 11:00 Exercises 2:00 Fun & Games 3:00 Movie | 10:00 Exercises 10:30 Crafts 1:15 Scenic Ride 3:00 Service Project 3:30 Harp Performance | 10:00 Exercises 10:30 Bingo 1:30 New Testament Study 2:00 Cupid's Arrow 3:00 Fun & Games <small>Valentine's Day</small> | 10:00 Exercises 10:45 Scenic Ride 2:00 Manicures 3:00 Movie | |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 9:30 The Church of Jesus Christ of Latter-day Saints Sacrament Meeting in Memory Care Activities Room | 10:00 Exercises 10:30 Shopping Trip 2:00 Bingo 3:00 Trivia <small>Presidents' Day (US)</small> | 10:00 Nurses Corner 10:30 Exercises 2:00 Fun & Games 3:00 Movie | 10:00 Exercises 10:30 Crafts 1:15 Scenic Ride 3:00 Reminisce | 10:00 Exercises 10:30 Bingo 1:30 New Testament Study 2:00 Bocce Ball 3:00 Fun & Games Happy Birthday Maurine | 10:00 Exercises 10:45 Scenic Ride 2:00 Manicures 3:00 Movie | |
| 24 | 25 | 26 | 27 | 28 | 8:00 Breakfast 12:00 Lunch 5:00 Dinner  | |
| 9:30 The Church of Jesus Christ of Latter-day Saints Sacrament Meeting in Memory Care Activities Room | 10:00 Exercises 10:30 Shopping Trip 2:00 Bingo 3:00 Trivia | 10:00 Cooking with Karla 10:30 Exercises 2:00 Fun & Games 3:00 Movie | 10:00 Dr. Humphreys 10:00 Exercises 10:30 Crafts 1:15 Scenic Ride 3:00 Reminisce | 10:00 Exercises 11:00 Lunch Bunch 1:30 New Testament Study 2:00 Horse Shoes 3:00 Fun & Games | | |

IT IS OUR GOAL TO FOLLOW THE CALENDAR AS OUTLINED, HOWEVER ACTIVITIES ARE SUJECT TO CHANGE WITHOUT NOTICE