

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2019

## Ashford Activities Calendar Memory Care

						10:00-Exercises 10:30-Volleyball 11:15-Art 12:00-Sing-Along 1:30-Scenic Ride 3:00-Movie	1	2 10:00-Puzzles and Coloring (Supplies in the Activities Room)  2:00-Movie  <small>Groundhog Day</small>
3 9:30-The Church of Jesus Christ of Latter-day Saints Sacrament Meeting in Memory Care Activities Room 4:30- Super Bowl	4 10:00-Exercises 10:30-Table Curling 11:00-Art 11:30-Music and Movement 2:00-Room Visits 2:30-Bingo 3:30-Reading & Snack	5 10:00-Exercises 10:30-Bocce Ball 11:00-Tour Around the World 11:30-Rhythm & Movement 2:00-Craft 3:00-Reading & Snack 3:30-Puzzles <small>Chinese New Year</small>	6 10:00-Exercises 10:30-Bowling 11:00-Did You Know? 11:30-Sing-Along 1:30-Fun & Games 2:45-Reading & Snack 3:30-Word Games	7 10:00-Exercises 10:30-Cornhole 11:00-Music Twister 11:30-Art 2:00-Bingo 3:00-Reading & Snack 3:30-Puzzles	8 10:00-Exercises 10:30-Volleyball 11:15-Service 2:00-Fun & Games 2:45-Cooking 3:30-Reading & Snack	9 10:00-Puzzles and Coloring (Supplies in the Activities Room)  2:00-Movie		
10 9:30-The Church of Jesus Christ of Latter-day Saints Sacrament Meeting in Memory Care Activities Room	11 10:00-Exercises 10:30-Table Curling 11:00-Art 11:30-Music and Movement 2:00-Room Visits 2:30-Bingo 3:30-Reading & Snack	12 10:00-Exercises 10:30-Bocce Ball 11:00-Tour Around the World 11:30-Rhythm & Movement 2:00-Craft 3:00-Reading & Snack 3:30-Puzzles	13 10:00-Exercises 10:30-Bowling 11:00-Did You Know? 11:30-Sing-Along 1:30-Scenic Ride 3:00-Program-Harp	14 10:00-Exercises 10:30-Cupid's Arrow 11:30-Music Twister 2:00-Bingo 3:00-Frosting Cooking  <small>Valentine's Day</small>	15 10:00-Exercises 10:30-Volleyball 11:15-Service 1:30-Scenic Ride 2:45-Cooking 3:30-Reading & Snack	16 10:00-Puzzles and Coloring (Supplies in the Activities Room)  2:00-Movie		
17 9:30-The Church of Jesus Christ of Latter-day Saints Sacrament Meeting in Memory Care Activities Room	18 10:00-Exercises 10:30-Table Curling 11:00-Art 11:30-Music and Movement 2:00-Room Visits 2:30-Bingo 3:30-Reading & Snack <small>Presidents Day (US)</small>	19 10:00-Exercises 10:30-Bocce Ball 11:00-Tour Around the World 11:30-Rhythm & Movement 2:00-Craft 3:00-Reading & Snack 3:30-Puzzles	20 10:00-Exercises 10:30-Bowling 11:00-Did You Know? 11:30-Sing-Along 1:30-Scenic Ride 2:45-Reading & Snack 3:30-Word Games	21 10:00-Exercises 10:30-Cornhole 11:00-Music Twister 11:30-Art 2:00-Bingo 3:00-Reading & Snack 3:30-Puzzles	22 10:00-Exercises 10:30-Volleyball 11:15-Service 1:30-Scenic Ride 2:45-Cooking 3:30-Reading & Snack	23 10:00-Puzzles and Coloring (Supplies in the Activities Room)  2:00-Movie		
24 9:30-The Church of Jesus Christ of Latter-day Saints Sacrament Meeting in Memory Care Activities Room	25 10:00-Exercises 10:30-Table Curling 11:00-Art 11:30-Music and Movement 2:00-Room Visits 2:30-Bingo 3:30-Reading & Snack	26 10:00-Exercises 10:30-Cooking with Karla 11:00-Tour Around the World 11:30-Rhythm & Movement 2:00-Craft 3:00-Reading & Snack 3:30-Puzzles	27 10:00-Exercises 10:30-Bowling 11:00-Did You Know? 11:30-Sing-Along 1:30-Scenic Ride 2:45-Reading & Snack 3:30-Word Games	28 10:00-Exercises 10:30-Cornhole 11:00-Music Twister 11:30-Art 2:00-Bingo 3:00-Reading & Snack 3:30-Puzzles				

It is our goal to follow the calendar as outline, however activities are subject to change without notice