

ASHFORD MEAL CALENDAR

March

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST Breakfast Casserole Bacon/Sausage Fresh Fruit	BREAKFAST Breakfast Sandwich Bacon/Sausage Fresh Fruit	BREAKFAST French Toast Bacon/Sausage Fresh Fruit	BREAKFAST Pancakes Bacon/Sausage Hash Browns & Fresh Fruit	BREAKFAST Cinnamon Roll, Eggs, Bacon/Sausage Fresh Fruit	BREAKFAST Muffin, Egg Bacon/Sausage Fresh Fruit	BREAKFAST Waffles Bacon/Sausage Fresh Fruit
31 Apricot Chicken, Rice Pilaf, Green Beans with Bacon, Garden Salad Chili, Cornbread, Fresh Berries SOUP: Italian Wedding					1 Hawaiian Haystacks, Roll, Garden Salad Fluata, Refried Beans, Chips & Guacamole & Salsa SOUP: Chicken Noodle	2 Meatball Slider, French Fries, Fresh Fruit Egg Salad, Potato Chips, Vegetable Cup w/ Dip SOUP: Corn Chowder
3 Pot Roast, Roasted Potatoes & Carrots, Pear & Pomegranate Salad Baked Potato Bar, Broccoli, Cheese, Sour Cream, Bacon SOUP: Roasted Vegetable	4 Honey Dijon Chicken, Rice Pilaf, Sliced Carrots, Spinach Salad White Enchiladas, Black Bean Salsa, Green Salad SOUP: Tomato	5 Mexican Pork Salad (Sweet Pork, Rice, Beans, Lettuce, Shell, Salsa, Guac) Chicken & Fries, Fresh Fruit SOUP: Broccoli Cheese	6 Breaded Shrimp, Wild Rice, Egg Roll, Zucchini Spears Chicken Salad on Croissants, Pasta Salad, Fruit Cup SOUP: Potato	7 Meatloaf, Twice Baked Potatoes, Steamed Broccoli Krab Salad on Butter Lettuce, Tomato Slice, Roll SOUP: French Onion	8 Stuffed Chicken, Ranch Roasted Potatoes, Mixed Vegetables, Roll Sloppy Joes with Bun, Red Potato Salad, Fruit SOUP: Beef Stew	9 Ziti, Garlic Breadstick, Asparagus, Caesar Salad Ranch Chicken, Rice, Garden Salad SOUP: Tortellini
10 Turkey, Stuffing, Mashed Potatoes, Cranberry Sauce, Green Beans, Roll Chili Dog, Sweet Potato Fries, Fruit Cup SOUP: Tomato	11 Fried Chicken, Country Potato Salad, Melon Slices Philly Steak Sandwich, Pretzel Salad, Onion Rings SOUP: Minestrone	12 Boneless Pork Ribs, Mashed Potato, Baked Beans, Roasted Brussel Sprouts Swedish Meatballs, Egg Noodles, Salad SOUP: Mushroom	13 Salmon, Rice with Peppers and Mushrooms, Asparagus Honey Lemon Chicken, Angel Hair Pasta, Squash Medley SOUP: White Chicken Chili	14 Chili Mac & Cheese, Mixed Vegetable, Strawberry Mandarin Salad Pizza, Pink Salad Garden Salad SOUP: Carrot Chowder	15 Lasagna, French Bread with Garlic Butter, Caesar Salad Chicken Pocket, Rice, Carrots SOUP: Clam Chowder	16 French Dip, Potato Chip, Fruit Krab Cakes, Rice Pilaf, Broccoli Salad SOUP: Italian Wedding
17 Corned Beef & Cabbage, (Potato, Carrots), Roll Watergate Salad Chicken Pot Pie, Roll Garden Salad SOUP: Taco	18 Chimichuga, Rice, Beans, Chip & Salsa/Guacamole Chicken Supreme, Carrots, Garden Salad, Roll SOUP: Chicken Tortilla	19 Pulled Pork on Bun, Macaroni Salad, Berries Garlic Lime Chicken, Roasted Potato, Tomato Slices SOUP: Creamy Chicken Noodle	20 Fish & Chips, Tartar Sauce, Orange Slice, Mixed Berry Salad Teriyaki Wings, Rice, Sesame Green Beans SOUP: Tortellini Soup	21 Brisket, Baked Beans, Coleslaw, Cornbread, Garden Salad Braised Chicken Legs (Potato/Carrots), Waldorf Salad SOUP: Butternut	22 Chicken Alfredo, Pasta, Breadstick, Caesar Salad Sourdough Tuna Melt, Frog Eye Salad, Chips SOUP: Broccoli Cheese	23 Taco Salad (Beef, Refried Beans, Rice, Lettuce, Guac, Sour Cream, Tomato, Cheese) Ham Slider, Pear & Pomegranate Salad SOUP: Italian Wedding
24 Ham, Cheesy Potatoes, Green Beans, Melon Slices, Roll Greg's Spaghetti, Pasta, Garlic Bread, Garden Salad SOUP: Tomato	25 Turkey Bacon Avocado Sandwich, Broccoli Salad, Sweet Potato Fries Beef Stroganoff, Egg Noodles, Carrots, Roll SOUP: Butternut	26 Tortilla Casserole, Spanish Ric, Green Salad Beef Stew, Cheesy Biscuit, Garden Salad SOUP: Potato	27 Crusted Tilapia, Rice Pilaf, Mixed Vegetable, Roll Reuben Sandwich, French Fries, 5 cup Salad, Veg Cup SOUP: Corn Chowder	28 Salisbury Steak, Mashed Potato, Gravy, Broccoli, Roll Chicken Parmesan, Pasta, French Bread, Squash SOUP: Chicken Noodle	29 Chicken Cordon Bleu, Baked Potato, Butternut Squash, Roll Clam Chowder, Cheesy Biscuits SOUP: Broccoli Cheese	30 Red Enchilada, Rice, Beans, Chips & Salsa, Garden Salad Shepherd's Pie, Roll, Broccoli Salad SOUP: Chicken & Dumpling