

# ASHFORD MEAL CALENDAR

March

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b> Breakfast Casserole Bacon/Sausage Fresh Fruit	<b>BREAKFAST</b> Breakfast Sandwich Bacon/Sausage Fresh Fruit	<b>BREAKFAST</b> French Toast Bacon/Sausage Fresh Fruit	<b>BREAKFAST</b> Pancakes Bacon/Sausage Hash Browns & Fresh Fruit	<b>BREAKFAST</b> Biscuits & Gravy Bacon/Sausage Fresh Fruit	<b>BREAKFAST</b> Breakfast Skillet Bacon/Sausage Fresh Fruit	<b>BREAKFAST</b> Waffles Bacon/Sausage Fresh Fruit
					1 Hawaiian Haystacks, Roll, Garden Salad	2 Meatball Slider, French Fries, Fresh Fruit
					Fluata, Refried Beans, Chips & Guacamole & Salsa	Egg Salad, Potato Chips, Vegetable Cup w/ Dip
					SOUP: Chicken Noodle	SOUP: Corn Chowder
3 Pot Roast, Roasted Potatoes & Carrots, Pear & Pomegranate Salad	4 Honey Dijon Chicken, Rice Pilaf, Sliced Carrots, Spinach Salad	5 Mexican Pork Salad (Sweet Pork, Rice, Beans, Lettuce, Shell, Salsa, Guac)	6 Breaded Shrimp, Wild Rice, Egg Roll, Zucchini Spears	7 Meatloaf, Twice Baked Potatoes, Steamed Broccoli	8 Stuffed Chicken, Ranch Roasted Potatoes, Mixed Vegetables, Roll	9 Ziti, Garlic Breadstick, Asparagus, Caesar Salad
Baked Potato Bar, Broccoli, Cheese, Sour Cream, Bacon	White Enchiladas, Black Bean Salsa, Green Salad	Chicken & Fries, Fresh Fruit	Chicken Salad on Croissants, Pasta Salad, Fruit Cup	Krab Salad on Butter Lettuce, Tomato Slice, Roll	Sloppy Joes with Bun, Red Potato Salad, Fruit	Ranch Chicken, Rice, Garden Salad
SOUP: Roasted Vegetable	SOUP: Tomato	SOUP: Broccoli Cheese	SOUP: Potato	SOUP: French Onion	SOUP: Beef Stew	SOUP: Tortellini
10 Turkey, Stuffing, Mashed Potatoes, Cranberry Sauce, Green Beans, Roll	11 Fried Chicken, Country Potato Salad, Melon Slices	12 Boneless Pork Ribs, Mashed Potato, Baked Beans, Roasted Brussel Sprouts	13 Salmon, Rice with Peppers and Mushrooms, Asparagus	14 Chili Mac & Cheese, Mixed Vegetable, Strawberry Mandarin Salad	15 Lasagna, French Bread with Garlic Butter, Caesar Salad	16 French Dip, Potato Chip, Fruit
Chili Dog, Sweet Potato Fries, Fruit Cup	Philly Steak Sandwich, Pretzel Salad, Onion Rings	Swedish Meatballs, Egg Noodles, Salad	Honey Lemon Chicken, Angel Hair Pasta, Squash Medley	Pizza, Pink Salad Garden Salad	Chicken Pocket, Rice, Carrots	Krab Cakes, Rice Pilaf, Broccoli Salad
SOUP: Tomato	SOUP: Minestrone	SOUP: Mushroom	SOUP: White Chicken Chili	SOUP: Carrot Chowder	SOUP: Clam Chowder	SOUP: Italian Wedding
17 Corned Beef & Cabbage, (Potato, Carrots), Roll Watergate Salad	18 Chimichuga, Rice, Beans, Chip & Salsa/Guacamole	19 Pulled Pork on Bun, Macaroni Salad, Berries	20 Fish & Chips, Tartar Sauce, Orange Slice, Mixed Berry Salad	21 Brisket, Baked Beans, Coleslaw, Cornbread, Garden Salad	22 Chicken Alfredo, Pasta, Breadstick, Caesar Salad	23 Taco Salad (Beef, Refried Beans, Rice, Lettuce, Guac, Sour Cream, Tomato, Cheese)
Chicken Pot Pie, Roll Garden Salad	Chicken Supreme, Carrots, Garden Salad, Roll	Garlic Lime Chicken, Roasted Potato, Tomato Slices	Teriyaki Wings, Rice, Sesame Green Beans	Braised Chicken Legs (Potato/Carrots), Waldorf Salad	Sourdough Tuna Melt, Frog Eye Salad, Chips	Ham Slider, Pear & Pomegranate Salad
SOUP: Taco	SOUP: Chicken Tortilla	SOUP: Creamy Chicken Noodle	SOUP: Tortellini Soup	SOUP: Butternut	SOUP: Broccoli Cheese	SOUP: Italian Wedding
24 Ham, Cheesy Potatoes, Green Beans, Melon Slices, Roll	25 Turkey Bacon Avocado Sandwich, Broccoli Salad, Sweet Potato Fries	26 Tortilla Casserole, Spanish Ric, Green Salad	27 Crusted Tilapia, Rice Pilaf, Mixed Vegetable, Roll	28 Salisbury Steak, Mashed Potato, Gravy, Broccoli, Roll	29 Chicken Cordon Bleu, Baked Potato, Butternut Squash, Roll	30 Red Enchilada, Rice, Beans, Chips & Salsa, Garden Salad
Greg's Spaghetti, Pasta, Garlic Bread, Garden Salad	Beef Stroganoff, Egg Noodles, Carrots, Roll	Beef Stew, Cheesy Biscuit, Garden Salad	Reuben Sandwich, French Fries, 5 cup Salad, Veg Cup	Chicken Parmesan, Pasta, French Bread, Squash	Clam Chowder, Cheesy Biscuits	Shepherd's Pie, Roll, Broccoli Salad
SOUP: Tomato	SOUP: Butternut	SOUP: Potato	SOUP: Corn Chowder	SOUP: Chicken Noodle	SOUP: Broccoli Cheese	SOUP: Chicken & Dumpling