

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Breakfast 8:00 Lunch 12:00 Dinner 5:00</b> All activities are held in the Activity Room unless otherwise designated. SA=Salon LR=Living Room MC=Memory Care	<b>1</b> 10:00 Exercises 10:30 Bingo 1:30 Shopping Trip 3:00 Movie (LR)	<b>2</b> 10:00 Exercises 2:00 Fun & Games 3:00 Movie (LR)	<b>3</b> 10:00 Exercises 10:30 Bingo 1:30 Scenic Ride 3:00 Horse Shoes	<b>4</b> 10:00 Exercises 10:30 Bingo 2:00 New Testament Study 3:00 Fun & Games	<b>5</b> 10:00 Exercises 10:30 Table Flowers <b>1:30 Dr Humphrey's (SA)</b> 2:00 Scenic Ride 3:00 Manicures	<b>6</b> 10:00-12:00 & 2:00-4:00 The Church of Jesus Christ of Latter-day Saints General Conference 6:00 Priesthood Session for The Church of Jesus Christ of Latter-day Saints
<b>7</b> 10:00-12:00 & 2:00-4:00 The Church of Jesus Christ of Latter-day Saints General Conference	<b>8</b> 10:00 Exercises 10:30 Bingo 1:30 Shopping Trip 3:00 Movie (LR)	<b>9</b> 10:00 Resident Council 11:00 Exercises 2:30 Trivia 3:00 Fun & Games	<b>10</b> 10:00 Exercises 10:30 Craft 1:30 Scenic Ride 3:00 Bowling	<b>11</b> 10:00 Exercises 10:30 Bingo <b>2:30 Piano Performance</b> 3:00 New Testament Study	<b>12</b> 10:00 Exercises 10:30 Fun & Games 2:00 Scenic Ride 3:00 Manicures	<b>13</b>
<b>14</b> 9:30 The Church of Jesus Christ of Latter-day Saints Sacrament Meeting (MC)	<b>15</b> 10:00 Exercises 10:30 Bingo 1:30 Shopping Trip 3:00 Movie (LR)	<b>16</b> 10:00 Nurses Corner 10:30 Exercises 2:30 Reminisce 3:00 Fun & Games	<b>17</b> 10:00 Exercises <b>10:30 Musical Performance</b> 2:00 Room Visits 3:00 Ladder Ball	<b>18</b> 10:00 Exercises 10:30 Bingo 2:00 New Testament Study 3:00 Fun & Games <b>4:00 Bob Shorten</b>	<b>19</b> 10:00 Exercises 10:30 Fun & Games 2:00 Scenic Ride 3:00 Manicures <b>4:00 Easter Egg</b>	<b>20</b>
<b>21</b> 9:30 The Church of Jesus Christ of Latter-day Saints Sacrament Meeting (MC)	<b>22</b> 10:00 Exercises 10:30 Bingo 1:30 Shopping Trip 3:00 Movie (LR)	<b>23</b> 10:00 Cooking with Karla 10:30 Exercises 2:30 Trivia 3:00 Fun & Games	<b>24</b> 10:00 Exercises 10:30 Craft 2:00 Room Visits 3:00 Bingo	<b>25</b> 10:00 Exercises <b>11:00 Emmalie Prigmore</b> 2:00 New Testament Study 3:00 Fun & Games	<b>26</b> 10:00 Exercises 10:30 Fun & Games 2:00 Scenic Ride 3:00 Manicures	<b>27</b>
<b>28</b> 9:30 The Church of Jesus Christ of Latter-day Saints Sacrament Meeting (MC)	<b>29</b> 10:00 Exercises 10:30 Bingo 1:30 Shopping Trip 3:00 Movie (LR)	<b>30</b> 10:00 Exercises 10:30 2:30 Reminisce 3:00 Fun & Games	 <p><b>April 2019</b></p> <p><b>Ashford Assisted Living Activities</b></p> <p>All activities are held in the Activity Room unless otherwise designated.            GR=Great Room LR=Living Room MC=Memory Care SA=Salon</p>			

**IT IS OUR GOAL TO FOLLOW THE CALENDAR AS OUTLINED, HOWEVER ACTIVITIES ARE SUJECT TO CHANGE WITHOUT NOTICE**  
**Breakfast 8:00 Lunch 12:00 Dinner 5:00**