

ASHFORD MEAL CALENDAR

April

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST Breakfast Casserole Bacon/Sausage Fresh Fruit	BREAKFAST Breakfast Sandwich Bacon/Sausage Fresh Fruit	BREAKFAST French Toast Bacon/Sausage Fresh Fruit	BREAKFAST Pancakes Bacon/Sausage Hash Browns & Fresh Fruit	BREAKFAST Breakfast Bread, Egg Bacon/Sausage Fresh Fruit	BREAKFAST Breakfast Skillet, Egg Bacon/Sausage Fresh Fruit	BREAKFAST Waffles Bacon/Sausage Fresh Fruit
	1 Fried Chicken, Mashed Potatoes w/ Gravy, Waldorf Salad, Mac & Cheese Carmella's Salad, Roll, Fruit SOUP: Potato	2 Breaded Shrimp w/ Orange Chili Sauce, Rice, Egg Roll, Zucchini Spears Sloppy Joes w/ Bun, Red Potato Salad, Fruit SOUP: Broccoli Cheese	3 Mexican Pork Salad (Sweet Pork, Rice, Beans, Lettuce, Tortilla, Salsa, Guac) Chicken Wrap, Tomato Cucumber Salad, Grapes SOUP: Taco	4 Bacon Cheeseburger, w/ lettuce, tomato & onion, French Fries, Fruit Hawaiian Haystacks, Watergate Salad, Roll SOUP: French Onion	5 Baked Ziti, Garlic Breadstick, Asparagus, Caesar Salad Krab Salad, Lettuce Tomato Slice, Roll, Lemon SOUP: Chicken Tortilla	6 Swedish Meatballs, Rice, Broccoli, Roll Ham Sliders, Macaroni Salad, Watermelon SOUP: Tomato
7 Pot Roast, Mashed Potatoes, Peas & Carrots, Pear & Pomegranate Salad Baked Potato Bar, Chili, Cheese, Sour Cream, Bacon SOUP: Ministrone	8 Chili Mac & Cheese, Broccoli, Pink Salad Cobb Salad, Roll SOUP: Corn Chowder	9 Chicken Alfredo, Pasta, Breadstick, Caesar Salad Quesadilla, Black Beans, Chips & Guacamole SOUP: Carrot	10 Salmon, Rice with Peppers and Mushrooms, Asparagus, Mixed Berry Salad Reuben Sandwich, French Fries, 5 Cup Salad SOUP: Creamy Chicken Noodle	11 Chicken Curry, Rice, Egg Roll Chicken Pot Pie, Roll, Garden Salad SOUP: Clam Chowder	12 Tomato Basil Chicken, Mashed Potatoes, Mixed Vegetable, Roll Pizza, Green Jell-O, Garden Salad SOUP: White Chicken Chili	13 Club Sandwich, Onion Rings, Fresh Fruit Krab Cakes, Tarter Sauce, Rice Salad, Broccoli Salad SOUP: Tortellini
14 Turkey, Stuffing, Mashed Potatoes w/ Gravy, Cranberry Sauce, Carrots, Roll Egg Salad Sandwich, Jell-O, Chips SOUP: Tomato	15 Meatloaf, Twice Baked Potato, Zucchini Spears, Roll Chicken Divan, Rice, Green Beans, Roll SOUP: Chicken Pozole	16 Chicken Cordon Bleu, Baked Potato, Roasted Vegetables, Roll Soft Taco (Beef, Lettuce, Tomato), Refried Beans, Fruit SOUP: Mushroom	17 Boneless Pork Ribs, Loaded Mashed Potato, Baked Beans, Salad Chicken & Fries, Fresh Fruit SOUP: Vegetable	18 Turkey Bacon Avocado Sandwich, Broccoli Salad, Sweet Potato Fries Spaghetti, French Bread, Garden Salad SOUP: Pasta Fagioli	19 Fish & Chips, Tartar Sauce, Orange Slice, Mixed Berry Salad Chicken Pita, Creamy Fruit Salad SOUP: French Onion	20 Chicken Salad on Croissants, Chips, Grapes Shepherd's Pie, 5 Cup Salad, Roll SOUP: Potato
21 Honey Baked Ham, Cheesy Potatoes, Green Beans, Deviled Egg, Roll Chicken Caesar Salad, Roll SOUP: Broccoli Cheese	22 Beef Enchiladas, Spanish Rice, Beans, Salsa, Guacamole, Sour Cream Chicken Parmesan, Pasta, Squash, Roll SOUP: Taco	23 Stuffed Chicken, Ranch Roasted Potatoes, Carrots, Garden Salad, Roll Shrimp Scampi, Pasta, Mixed Vegetable SOUP: Italian Chowder	24 Brisket, Baked Beans, Coleslaw, Cornbread, Garden Salad Fish Taco (Cabbage, Shell, White Sauce), Beans SOUP: Wild Rice & Chicken	25 Flauta, Refried Beans, Corn Salad, Guacamole, Sour Cream Apricot Chicken, Rice, Green Beans, Watergate Salad SOUP: Chicken Tortilla	26 Crusted Tilapia, Ranch Roasted Potatoes, Mixed Vegetable, Roll Meatball Slider, French Fries, Fruit SOUP: Chicken Noodle	27 Philly Steak Sandwich, Sweet Potato Fries, Vegetable Cup, Salad Chicken Pockets, Rice Carrots SOUP: Corn Chowder
28 Lasagna, French Bread with Garlic Butter, Caesar Salad Pulled Pork on Bun, Cream Corn Gulliver, Salad SOUP: Potato	29 Taco Salad (Beef, Refried Beans, Rice, Lettuce, Guac, Sour Cream, Tomato, Cheese) Dressing Casserole, Carrots, Salad SOUP: French Onion	30 Lemon Honey Chicken, Baked Potato, Roasted Vegetable, Salad Sweet & Sour Pork, Rice, Cabbage Salad SOUP: Butternut				

** Please note that due to the seasonal availability of food, that substitutions may be utilized for the overall improvement of the menu.