

ASHFORD MEAL CALENDAR

April

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST Breakfast Casserole Bacon/Sausage Fresh Fruit	BREAKFAST Breakfast Sandwich Bacon/Sausage Fresh Fruit	BREAKFAST French Toast Bacon/Sausage Fresh Fruit	BREAKFAST Pancakes Bacon/Sausage Hash Browns & Fresh Fruit	BREAKFAST Biscuits & Gravy Hashbrowns, Bacon/Sausage Fresh Fruit	BREAKFAST Breakfast Skillet Bacon/Sausage Fresh Fruit	BREAKFAST Waffles Bacon/Sausage Fresh Fruit
31 Meatloaf Scalloped Potato, Carrots	1 Fried Chicken, Mashed Potatoes w/ Gravy, Waldorf Salad, Cornbread	2 Breaded Shrimp w/ Orange Chili Sauce, Rice, Egg Roll, Zucchini Spears	3 Mexican Pork Salad (Sweet Pork, Rice, Beans, Lettuce, Tortilla, Salsa, Guac)	4 Hawaiian Haystacks Salad, Roll French Fries, Fruit	5 Baked Ziti, Garlic Breadstick, Green Beans Caesar Salad	6 Swedish Meatballs, Rice, Broccoli, Roll
Sweet & Sour Pork Rice, Green Beans SOUP: TBA	Italian Chicken, Egg Noodles Salad, Peas SOUP: Potato	Sloppy Joe's w/Bun Red Potato Salad/Fruit SOUP: Broccoli Cheese	Chicken Wrap, Tomato Cucumber Salad, Grapes SOUP: Chicken Tortilla	Egg Salad Sandwich Spaghetti Salad, Melon SOUP: French Onion	Krab Salad, Lettuce Tomato Slice, Roll, Lemon SOUP: Tortellini	Ham Sliders, Macaroni Salad, Watermelon SOUP: Tomato
7 Pot Roast, Mashed Potatoes, Peas & Carrots, Spinach Salad	8 Salmon, Rice, Zucchini Mixed Berry Salad	9 Chicken Alfredo, Pasta, Breadstick, Caesar Salad	10 Chili Mac & Cheese Mixed Veggies, Jello Cup	11 Bean & Cheese Burrito Black Bean Salsa, Guac, Sour Cream, Chips	12 Tomato Basil Chicken, Mashed Potatoes, Roasted Vegetable, Roll	13 Chicken Pot Pie Garden Salad
Baked Potato Bar, Chili, Cheese, Sour Cream, Bacon SOUP: Minestrone	Bacon Cheeseburger French Fries, Fruit SOUP: Corn Chowder	Reuben Sandwich French Fries, 5 Cup Salad SOUP: Mushroom	Club Sandwich Fresh Fruit, Onion Rings SOUP: Creamy Chicken Noodle	Cobb Salad Roll, Jello Salad SOUP: Clam Chowder	Pizza, Pink Salad, Garden Salad SOUP: White Chicken Chili	Krab Cakes, Rice Pilaf, Tartar Broccoli Salad SOUP: Taco
14 Turkey, Stuffing, Mashed Potatoes w/ Gravy, Cranberry Sauce, Carrots, Roll	15 Meatloaf, Twice Baked Potato, Zucchini Spears, Roll	16 Chicken Cordon Bleu, Baked Potato, Carrots, Roll	17 Boneless Pork Ribs, Loaded Mashed Potato, Baked Beans, Salad	18 Turkey Bacon Avocado Sandwich, Broccoli Salad, Sweet Potato Fries	19 Fish & Chips, Tartar Sauce, Orange Slice, Mixed Berries	20 Shepherd's Pie Garden Salad, Roll
Chili Cheese Hot Dog Jello, Pasta Salad SOUP: Tomato	Chicken & Fries Fresh Fruit, Waldorf Salad SOUP: Chicken Pozole	Soft Taco (Beef, Lettuce, Tomato), Refried Beans, Fruit SOUP: Carrot Chowder	Chicken Devan, Rice, Salad, Roll SOUP: Vegetable	Greg's Spaghetti, French Bread, Caesar Salad SOUP: Pasta Fagioli	Chicken Pita, Creamy Fruit Salad SOUP: French Onion	Chicken Salad Croissant 5 Cup Salad, Chips SOUP: Potato
21 Honey Baked Ham, Cheesy Potatoes, Green Beans, Deviled Egg, Roll	22 Beef Enchiladas, Spanish Rice, Beans, Salsa, Guacamole, Sour Cream	23 Stuffed Chicken, Ranch Roasted Potatoes, Carrots, Roll	24 Brisket, Baked Beans, Coleslaw, Cornbread, Garden Salad	25 Flauta, Refried Beans, Corn Salad, Guacamole, Sour Cream	26 Crusted Tilapia, Ranch Roasted, Mixed Vegetables, Roll	27 Philly Steak Sandwich, Sweet Potato Fries, Vegetable Cup
Chicken Caesar Salad, Roll SOUP: Broccoli Cheese	Kielbasa Sausage, w/ onions, peppers, potato SOUP: Taco	Shrimp Scampi, Pasta, Mixed Vegetable SOUP: Italian Chowder	Fish Taco, (Cabbage, Sauce) Black Beans SOUP: Wild Rice & Chicken	Chicken Pocket, Rice Carrots SOUP: Chicken Tortilla	Meatball Slider, French Fries, Fruit SOUP: Chicken Noodle	Aricot Chicken Rice, Green Beans, Roll SOUP: Corn Chowder
28 Lasagna, French Bread with Garlic Butter, Caesar Salad	29 Taco Salad (Beef, Refried Beans, Rice, Lettuce, Guac, Sour Cream, Tomato, Cheese)	30 Lemon Honey Chicken, Baked Potato, Roasted Vegetable, Salad				
Pulled Pork on Bun, Coleslaw, Pasta Salad SOUP: Potato	Dressing Casserole, Carrots, Salad SOUP: French Onion	Sweet & Sour Pork, Rice, Cabbage Salad SOUP: Butternut				