

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="color: #C8513E;">JUNE 2019</h1> <h2 style="color: #008080;">Ashford Assisted Living Activities</h2> <p style="color: #008080;">Breakfast 8:00 Lunch 12:00 Dinner 5:00</p>						8:00 Breakfast 12:00 Lunch 5:00 Dinner Cranium Crunches (Nurse's station)
2 9:30 The Church of Jesus Christ of Latter-day Saints Sacrament Meeting (MC)	3 10:00 Exercises 10:30 Shopping Trip 2:00 Bingo 3:00 Manicures	4 10:00 Exercises 11:00 Emmalie Prigmore Soloist 2:00 Fun & Games 3:00 New Testament Study	5 10:00 Exercises 10:30 Table Flowers 2:30 Cornhole (Back lawn) 3:15 Bingo	6 10:00 Exercises 10:30 Fun & Games 2:00 Walking Club 3:00 Life Review	7 10:00 Exercises 10:45 Scenic Drive 2:00 Bingo 3:00 Movie (LR)	8 8:00 Breakfast 12:00 Lunch 5:00 Dinner Cranium Crunches (Nurse's station)
9 9:30 The Church of Jesus Christ of Latter-day Saints Sacrament Meeting (MC) Ella's Birthday! <small>Shavuot</small>	9:30 Dr Humphreys 10:00 Dave 50's Music 10:30 Shopping Trip 2:00 Bingo 3:00 Manicures June's Birthday!	11 10:00 Resident Council 11:00 Exercises 2:00 Fun & Games 3:00 New Testament Study	12 10:00 Exercises 10:30 Craft 2:30 Bocce Ball (Back lawn) 3:15 Bingo	13 10:00 Exercises 10:30 Fun & Games 2:00 Walking Club 3:00 Life Review	14 8:00 Breakfast 12:00 Lunch 5:00 Dinner <small>Flag Day (US)</small>	15 8:00 Breakfast 12:00 Lunch 5:00 Dinner Cranium Crunches (Nurse's station)
16 9:30 The Church of Jesus Christ of Latter-day Saints Sacrament Meeting (MC) Happy Father's Day! <small>Father's Day</small>	17 10:00 Exercises 10:30 Shopping Trip 2:00 Bingo 3:00 Manicures	18 10:00 Exercises 10:30 Nurses Corner 2:00 Fun & Games 3:00 New Testament Study	19 10:00 Exercises 10:30 Draper Library Trip 2:30 Ladder Ball (Back lawn) 3:15 Bingo	20 10:00 Exercises 10:30 Fun & Games 2:00 Walking Club 4:00 Bob Shorten Singing & Piano	21 10:00 Exercises 10:45 Scenic Drive 2:00 Bingo 3:00 Movie (LR) <small>Summer Begins</small>	22 8:00 Breakfast 12:00 Lunch 5:00 Dinner Cranium Crunches (Nurse's station)
23 9:30 The Church of Jesus Christ of Latter-day Saints Sacrament Meeting (MC)	24 10:00 Exercises 10:30 Shopping Trip 2:00 Bingo 3:00 Manicures	25 10:00 Cooking with Karla 10:30 Exercises 2:00 Fun & Games 3:00 New Testament Study	26 10:00 Exercises 10:30 Walking Group 2:30 Volleyball (Back Lawn) 3:15 Bingo	27 10:00 Exercises 10:30 Fun & Games 2:30 Valerie Guyman on Piano 3:00 Life Review	28 10:00 Exercises 10:45 Scenic Drive 2:00 Bingo 3:00 Movie (LR) Kurt's Birthday!	29 8:00 Breakfast 12:00 Lunch 5:00 Dinner Cranium Crunches (Nurse's station)
30 9:30 The Church of Jesus Christ of Latter-day Saints Sacrament Meeting (MC)	 <h2 style="color: #008080;">Ashford Assisted Living Activities</h2> <p style="color: #008080;">All activities are held in the Activity Room unless otherwise designated. GR=Great Room LR=Living Room MC=Memory Care SA=Salon</p>					

IT IS OUR GOAL TO FOLLOW THE CALENDAR AS OUTLINED, HOWEVER ACTIVITIES ARE SUJECT TO CHANGE WITHOUT NOTICE