

# Draper Ashford

May

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>Memory Care Meal Times</b> Breakfast: 8:30 Lunch: 12:30 Dinner: 4:45	<b>Assisted Living Meal Times</b> Breakfast: 8:00 - 9:00 Lunch: 12:00 - 1:00 Dinner: 5:00 - 6:00	<b>Alternate Menu</b> Grilled Cheese Chef Salad Soup of the Day Ham & Cheese Sandwich Hamburger/Cheeseburger	1 <b>B:</b> Pancakes, Eggs <b>May Day: L:</b> Fried Chicken Mashed Potatoes w/ Gravy, Waldorf Salad, Roll <b>D:</b> Sloppy Joes w/ Bun, Ranch Potato Salad, Fruit	2 <b>B:</b> Muffin, Parfait <b>L:</b> Mexican Pork Salad, (Sweet Pork, Rice, Beans, Lettuce, Tortilla, Salsa, Guac) <b>D:</b> Krab Salad, Avocado & Tomato Slice, Roll, Lemon	3 <b>B:</b> Breakfast Skillet, <b>L:</b> Baked Ziti, Pasta, Garlic Breadstick, Spaghetti Squash, Caesar Salad <b>D:</b> Teriyaki Thighs, Rice Egg Roll, Watergate Salad	4 <b>B:</b> Bagel, Cream Cheese <b>L:</b> Chicken Alfredo, Pasta Breadstick, Broccoli, Caesar Salad <b>D:</b> Chicken Pot Pie, Roll, Garden Salad
5 <b>B:</b> French Toast <b>L: Cinco de Mayo,</b> Beef Enchiladas, Rice, Black Bean Salsa, Guac <b>D:</b> Baked Potato Bar, Chili, Cheese, Sour Cream, Bacon	6 <b>B:</b> Cinnamon Rolls <b>L:</b> Chili Mac & Cheese, Zucchini Spears, Pink Salad <b>D:</b> Cobb Salad, Roll	7 <b>B:</b> Quiche <b>L:</b> Chicken Curry, Rice Garden Salad, Roll <b>D:</b> Ham Sliders, Macaroni Salad, Watermelon	8 <b>B:</b> Biscuits & Gravy <b>L:</b> Salmon, Orzo, Asparagus, Mixed Berry Salad, Tartar Sauce <b>D:</b> Lemon Basil Tortellini, Salad, Roll	9 <b>B:</b> Breakfast Burrito <b>Mother's Day Celebration</b> <b>L:</b> Tomato Basil Chicken, Pasta, Roll, Vegetable <b>D:</b> Reuben Sandwich, French Fries, 5 Cup Salad	10 <b>B:</b> Pancakes, Eggs <b>National Shrimp Day:</b> <b>L:</b> Breaded Shrimp w/ Orange Chili Sauce, Rice, Egg Roll <b>D:</b> Chicken Wrap, Tomato Cucumber Salad, Grapes	11 <b>B:</b> Muffin, Yogurt Parfait <b>L:</b> Creamy Chicken, Mashed Potatoes, Zucchini Spears, Roll <b>D:</b> Krab Cakes, Tarter Sauce, Fruit, Broccoli Salad
12 <b>B:</b> Berry Bake <b>Mother's Day:</b> Chicken Salad on Croissants, Shrimp Cocktail, Fruit <b>D:</b> Soup, Artisan Bread, Garden Salad	13 <b>B:</b> Breakfast Skillet <b>Nat'l Apple Pie Day:</b> <b>L:</b> Meatloaf, Twice Baked Potatoes, Zucchini, Roll <b>D:</b> Chicken Divan, Rice, Carrots, Roll	14 <b>B:</b> Bagel, Cream Cheese <b>L:</b> Flauta, Guacamole, Refried Beans, Rice Green Salad <b>D:</b> Spaghetti, French Bread, Garden Salad	15 <b>B:</b> Breakfast Sandwich <b>Nat'l Chocolate Chip Day:</b> <b>L:</b> Boneless Pork Ribs, Baked Beans, Potato Salad <b>D:</b> Egg Salad, Fruit, Chips	16 <b>B:</b> Quiche <b>L:</b> Turkey Bacon Avocado Sandwich, Broccoli Salad, Sweet Potato Fries <b>D:</b> Shrimp Scampi, Pasta Mixed Vegetables	17 <b>B:</b> Breakfast Burrito <b>Nat'l Pizza Party Day:</b> <b>L:</b> Pizza, Breadsticks, Caesar Salad <b>D:</b> Meatball Slider, French Fries, Fruit, Garden Salad	18 <b>B:</b> Danish <b>Armed Forces Day:</b> <b>L:</b> Hamburgers, Potato Salad, Watermelon <b>D:</b> Shepherd's Pie, Roll, Garden Salad
19 <b>B:</b> Hashbrown Casserole <b>L:</b> Ham, Cheesy Potatoes, Butternut Squash, Roll Green Salad <b>D:</b> Baked Potato Bar, Broccoli Cheese, Potato Topping	20 <b>B:</b> Muffins, Parfait <b>L:</b> Cashew Chicken, Chow Mein, Rice, Egg Roll, Garden Salad <b>D:</b> Shrimp Scampi, Pasta, Mixed Vegetable	21 <b>B:</b> Berry Bake <b>L:</b> Salisbury Steak, Mashed Potatoes, Mixed Veg, Roll, Berry Salad <b>D:</b> Chicken Parmesan, Pasta, Squash, Roll	22 <b>B:</b> French Toast <b>L:</b> Shrimp Curry, Rice, Egg Roll, Fruit Garden Salad <b>D:</b> Hawaiian Haystack, Watergate Salad, Roll	23 <b>B:</b> Breakfast Skillet <b>L:</b> Stuffed Chicken, Ranch Roasted Potatoes, Carrots, Garden Salad, Roll <b>D:</b> Grilled Ham & Cheese, Chips, Fruit	24 <b>B:</b> Pancakes, Eggs <b>L:</b> Crusted Tilapia, Ranch Roasted Potatoes, Mixed Vegetable, Roll <b>D:</b> Chicken Parmesan, Pasta Squash, Roll	25 <b>B:</b> Breakfast Burrito <b>L:</b> Philly Steak Sandwich, Sweet Potato Fries, Vegetable Cup, Fruit Chicken Pockets, Rice, Peas & Carrots
26 <b>B:</b> Cinnamon Roll <b>L:</b> Lasagna, French Bread with Garlic Butter, Caesar Salad <b>D:</b> Soup, Artisan Bread, Garden Salad	27 <b>B:</b> Danish <b>Memorial Day: L:</b> Bacon Cheeseburger, Potato Salad Corn on the Cob, Deviled Egg <b>D:</b> Chicken Supreme, Butternut Squash, Roll, Green Salad	28 <b>B:</b> Quiche <b>Nat'l Brisket Day: L:</b> Brisket, Baked Beans, Coleslaw, Macaroni Salad, Cornbread <b>D:</b> Sweet & Sour Pork, Rice, Cabbage Salad	29 <b>B:</b> Breakfast Sandwich <b>L:</b> Chicken Cordon Bleu, Baked Potato, Roasted Vegetables, Roll <b>D:</b> Southwest Salad, Cornbread	30 <b>L:</b> Salmon Tacos, Avocado Salsa, White Yogurt Sauce, Refried Beans, Rice <b>D:</b> Pulled Pork on Bun, Cream Corn, Salad	31 <b>B:</b> Biscuits & Gravy <b>L:</b> Smothered Pork Chops, Rice, Peas & Carrots, Roll, Fruit <b>D:</b> Chili Dogs, Macaroni Salad, Chips	

\*\* Please note that due to the seasonal availability of food, that substitutions may be utilized for the overall improvement of the menu.

\*\*All Breakfasts include sausage, bacon, and seasonal fresh fruit

B: Breakfast, L: Lunch, D: Dinner