

ASHFORD MEAL CALENDAR

May

2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST Breakfast Casserole Bacon/Sausage Fresh Fruit	BREAKFAST Breakfast Sandwich Hashbrowns, Bacon/Sausage Fresh Fruit	BREAKFAST French Toast Bacon/Sausage Fresh Fruit	BREAKFAST Pancakes Bacon/Sausage Fresh Fruit	BREAKFAST Biscuits & Gravy Hashbrowns, Bacon/Sausage Fresh Fruit	BREAKFAST Breakfast Skillet Bacon/Sausage Fresh Fruit	BREAKFAST Waffles Bacon/Sausage Fresh Fruit
			1 Breaded Shrimp w/ Orange Chili Sauce, Rice Veggie, Egg Roll Egg Salad Sandwich Pasta Salad, Fruit SOUP: Tomato	2 Salisbury Steak Mashed Potatoes Peas and Carrots Italian Chicken, Egg Noodles Broccoli SOUP: Chicken Noodle	3 Open Faced Turkey Mashed potato, Roasted sweet potatoes, Cranberry sauce Krab Salad, Tomato, Lemon, Egg, Crackers SOUP: Corn Chowder	4 Swedish Meatballs, Rice, Broccoli, Roll Ham Sliders, Spinach Salad, Watermelon SOUP: Tortellini
5 CINCO DE MAYO Shredded Beef Taco w/ peppers, onions, Beans, Rice Baked Potato Bar, Chili, Cheese, Sour Cream, Bacon SOUP: Minestrone	6 Fried Chicken, Mashed Potatoes w/ Gravy, Coleslaw, Cornbread Sloppy Joes w/ Bun Tater Tots, Mixed Veggies SOUP: Broccoli	7 Mexican Pork Salad Sweet Pork, Lettuce, Tom. Salsa, Guac., Beans Reuben Sandwich Chips, Fruit Salad SOUP: Mushroom	8 Stuffed Bell Peppers Roasted Potatoes Jello Salad Meatball Slider French Fries, Fruit SOUP: Creamy Chicken Noodle	9 Tomato Basil Chicken Linguini, Zucchini Roll Cobb Salad Roll, Jello Salad SOUP: Clam Chowder	10 Meatloaf Mashed Potatoes Green Beans Krab Cakes Macaroni Salad, Roll SOUP: Broccoli	11 Beef Stroganoff Egg Noodles Peas and Carrots French Dip Sandwich Three Bean Salad SOUP: White Chili
12 Mother's Day Chicken Parmesan w/ pasta Zuchinni, garlic bread stick Asian Chicken Salad Roll SOUP: Italian Wedding	13 Lasagna Caesar Salad Garlic Bread Ham and Swiss Sandwich Potato Salad, Pickle SOUP: Vegetable	14 Apricot Chicken Rice, Mixed Veggies Roll Shepherd's Pie Spinach Salad, Roll SOUP: Hamburger	15 Chicken Carbonara Bow Tie Pasta Caesar Salad Soft Taco, Beef Lettuce, Tomato, Cheese, Guac. SOUP: Carrot Chowder	16 Chicken Kabobs Pita, Greek Salad Fresh Fruit Hamburger Patty w/ grilled onion Tomato & cucumber salad SOUP: Broccoli	17 Salmon Rice Green Beans Pizza, Garden Salad Jello Salad SOUP: French Onion	18 BBQ Pork Sandwich Coleslaw Watermelon Slice Greg's Spaghetti French Bread, Caesar Salad SOUP: Potato
19 Roast Beef, Mashed Potatoes, Gravy Mixed Vegetable Chicken Tortellini w/ Vegetables Garlic Breadstick SOUP: Tomato	20 Kielbasa Sausage Onions, Peppers, Potatoes Enchilada Pasta Garden Salad SOUP: Taco	21 Terriyaki Chicken Thighs White Rice Green Beans Turkey Bacon Avocado Sandwich French Fries, Fruit Salad SOUP: Italian Chowder	22 Parmesan Tilapia Roasted Potatoes Spinach Hamburger Keish Yogurt Parfait, Spinach Salad SOUP: Wild Rice & Chicken	23 Flauta, Refried Beans, Corn Salad, Guacamole, Sour Cream Manwich Bake Mixed Vegetable SOUP: Chicken Tortilla	24 Brisket Baked Beans, Zucchini Cornbread Chicken Pocket Rice, Sauteed Carrots SOUP: Chicken Noodle	25 Turkey Dressing Casserole Cranberry sauce, Mashed potatoe Corn, Roll Sweet and Sour Pork Rice, Green Beans SOUP: Corn Chowder
26 Lemon Honey Chicken Baked Potato Roasted Vegetables Tuna Sandwich Chips, 5 Cup Salad SOUP: Potato	27 Philly Cheesesteak Corn Melon Slice Baked Ziti, Garlic Bread Caesar Salad SOUP: French Onion	28 Taco Salad Ground Beef, Lettuce, Beans, Chips, Cheese, Guac. Salsa Chicken Cordon Bleu Mashed Potatoes, Broccoli SOUP: Butternut	29 Boneless Pork Ribs Baked Beans, Baked Potato, Corn Chili Cheese Hot Dog Macaroni Salad, Veggie Cup SOUP: Split Pea	30 Beef Stew w/ Potatoes and Carrots, Roll Chicken Salad Croissant Broccoli Salad SOUP: Chicken Pazole	31 White Enchiladas Green Salad Rice Fish & Chips, Tartar sauce Grapes SOUP: Cauliflower	