

# ASHFORD MEAL CALENDAR

March

2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Baked Ham & Egg Cup Turkey, Mashed Potatoes, Gravy, Cranberry Sauce, Mixed Vegetable Egg Salad Sandwich Waldorf Salad SOUP: Minestrone	2 French Toast Parmesan Tilapia Roasted Potatoes Carrots Italian Chicken, Egg Noodles Zucchini SOUP: Butternut Squash	3 Eggs Benedict Beef Enchilada Spanish Rice, Beans Sour Cream, Chips Grilled Ham & Cheese Antipasto Salad SOUP: Creamy Chicken Noodle	4 Crepes w/ Mixed Berries BBQ Chicken Salad Black Beans, Corn, Cheese Tortilla Strips & Roll Sweet & Sour Pork Fried Rice, Green Beans SOUP: Pasta Fagioli	5 Eggs, Hashbrown, Toast Boneless Pork Ribs Baked Beans, Corn Biscuit Beef Stew Cornbread SOUP: Green Chile (mild)	6 Breakfast Skillet Chicken Pot Pie Garden Salad Fresh Fruit Swedish Meatballs Rice, Glazed Carrots SOUP: Potato Cheese	7 Bagel, C. Cheese, Eggs Shepherd's Pie Mixed Vegetable Jello Salad Philly Steak Sandwich Macaroni & Cheese SOUP: Chicken Pasole
8 Pancakes Ham, Cheesy Potatoes, Green Beans Roll Turkey Dressing Casserole Peas and Carrots, Roll SOUP: Carrot Ginger	9 Omelet Scram, Hashbrown Chicken Parmesan Pasta, Mixed Vegetables Garlic Bread Roast Beef & Cheddar Sandwich Macaroni Salad, Chips SOUP: Vegetable	10 Breakfast Sandwich Breaded Shrimp Orange Chili Sauce Green Beans, Rice Chicken Tenders & Fries 5 Cup Salad SOUP: Creamy Tomato	11 Muffin, Yogurt Parfait, Egg Teriyaki Chicken Thighs Mandarin Pasta Spinach Salad, Roll Pastrami Sandwich Potato Salad, Pickle SOUP: Sicilian Chicken Soup	12 Biscuit & Gravy Dijon Pork Loin Baked Potato Yellow Squash White Chicken Enchiladas Carrots, Rice SOUP: Meatball	13 Choc. Chip Coffee Cake Beef Stroganoff Egg Noodles, Vegetable Roll Cobb Salad ( Ham, Cheese, Egg, Onion, Bacon), Roll SOUP: Clam Chowder	14 Waffles Salisbury Steak Mashed Potatoes, Gravy Mixed Vegetable Italian Slider (Ham, Salami, Pepperoni) Pasta Salad SOUP: Creamy Enchilada
15 Baked Ham & Egg Cup Roast Beef, Gravy, Carrots, Potatoes, Roll Krab Cakes, Tartar Sauce Coleslaw, Jello SOUP: Minestrone	16 French Toast Chicken & Asparagus Casserole, Rice, Vegetable Roll Baked Ziti Vegetable, Breadstick SOUP: Butternut Squash	17 Eggs Benedict <b>St. Patricks Day</b> Corned Beef & Cabbage Potatoes, Carrots, Soda Bread Chicken Cordon Bleu Spinach Salad SOUP: Creamy Chicken Noodle	18 Crepes w/ Mixed Berries Stuffed Bell Pepper Sweet Potato Couscous & Arugula Salad BBQ Pork Sandwich Coleslaw, Jello SOUP: Pasta Fagioli	19 Eggs, Hashbrown, Toast Herb Rolled Pork Loin Couscous Green Bean Almondine Sourdough Turkey Sandwich Red Potato Salad SOUP: Green Chile (Mild)	20 Breakfast Skillet Chicken, Pesto Tortellini Onions, Bell Peppers Sourdough Bread Baked Potato, Chili, Cheese Sour Cream, Garden Salad SOUP: Potato Cheese	21 Bagel, C. Cheese, Sc. Egg Beef Taco, Lettuce Tomato, Cheese, Sour Cream Beans, Chips, Salsa Chicken Salad Croissant Broccoli Salad SOUP: Chicken Pazole
22 Pancakes Chicken Piccata Egg Noodles Carrots Ham Slider, Tapioca Pudding Macaroni Salad SOUP: Carrot Ginger	23 Omelet Scram, Hashbrown Open Faced Shredded Beef Mashed Potatoes, Gravy Mixed Vegetable Kielbasa Sausage Onions, Peppers, Potatoes SOUP: Vegetable	24 Breakfast Sandwich Salmon Rice Pilaf Zucchini, Roll Monte Cristo Sandwich Carrot Salad, Chips SOUP: Creamy Tomato	25 Muffin, Yogurt Parfait, Egg Kahlua Pork w/ Teriyaki, Rice Macaroni Salad, Grilled Pineapple Greg's Spaghetti Caprese Salad, Garlic Bread SOUP: Sicilian Chicken Soup	26 Biscuit & Gravy Broccoli Beef Rice Mixed Vegetables Chicken Supreme Spinach Salad SOUP: Meatball	27 Choc. Chip Coffee Cake Lasagna Zucchini Breadstick Pizza, Garden Salad Jello Salad SOUP: Clam Chowder	28 Waffles Hawaiian Haystacks (Cheese Tomato, Pineapple, Coconut) Garden Salad Sloppy Joe Pasta Salad, Chips SOUP: Creamy Enchilada
29 Baked Ham & Egg Cup Meatloaf Mashed Potatoes, Gravy Mixed Vegetables Orange Chicken, Rice Green Beans SOUP: Minestrone	30 French Toast Sweet Pork Salad Lettuce, Tomato, Cheese Guacamole, Chips Fish & Chips Tartar Sauce, Coleslaw SOUP: Butternut Squash	31 Eggs, Hashbrown, Toast Fried Chicken Mashed Potatoes, Gravy Waldorf Salad, Biscuit Turkey, Bacon, Avocado Sand. Veggie Cup, Jello SOUP: Creamy Chicken Noodle				