

November Meals

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Breakfast Berry Bake	2 Muffins, Yogurt	3 Breakfast Sandwich	4 Blueberry Pancakes, Eggs	5 Biscuit & Gravy	6 German Pancakes	7 Quiche
Pot Roast, Mashed Potatoes w/ Gravy, Green Beans	Chicken Strawberry Pasta Salad, Homeade Peasant Bread	Mexican Pork Salad, Cilantro Lime Dressing	Chicken Curry, Steamed Jasmine Rice, Egg Rolls	Turkey Harvest Croissant, Roasted Harvest Vegetables, Berry Cup	Ranch Chicken, Baked Yam with Cinnamon Butter, Peas & Carrots, Roll	Beef Fajitas, Spanish Rice, Black Beans, Salsa
Shepherd's Pie, Roll	Sloppy Joes, French Fries, Watergate Salad	Egg Salad, Chips, Cucumber Dill Salad	Chicken Alfredo, Pasta, Garlic Breadstick, Broccoli	Crab Salad, Tomato & Avocado Slices	Ham Sliders, Waldorf Salad, Chips	Chef Salad (MC: Grilled Cheese), Roll
SOUP: Vegetable	SOUP: Taco	SOUP: Chicken Noodle	SOUP: French Onion	SOUP: Minestrone	SOUP: Italian Chowder	SOUP: Clam Chowder
8 Harvest Muffins, Eggs	9 Crepes, Mixed Berries	10 Waffles, Egg	11 French Toast, Hashbrown	12 Bagels, Cream Cheese	13 Egg, Toast, Hashbrown	14 Danish, Yogurt Parfait
Meatloaf, Mashed Potatoes w/ Gravy, Harvest Vegetables	Turkey, Avocado, Bacon Sandwich, Frog Eye Salad, Tomato Slice	Beef Enchilada, Black Bean Salsa, Guacamole, Spanish Rice	Creamy Chicken, Steamed Jasmine Rice, California Mixed Vegetables	Fresh Salmon, Rice Pilaf, Roasted Fall Vegetables	Italian Beef Sandwiches, Macaroni Salad, Deviled Egg	Chicken Salad on Croissant, Melon Slice
Tater Tot Casserole, Corn, Roll	Spaghetti, Garlic Bread, Ceasar Salad	Grilled Cheese Sandwich on on Asiago Bread, Chips	Broccoli Cheese Soup, Rosemary Focaccia Bread	Reuben Sandwich, French Fries, Waldorf Salad	Hawaiian Haystacks, Roll	Battered Cod, English Chips, Coleslaw, Tartar Sauce
SOUP: Clam Chowder	SOUP: Chicken Tortilla	SOUP: Corn Chowder	SOUP: Mushroom	SOUP: White Chicken Chili	SOUP: Carrot Chowder	SOUP: Chili
15 Breakfast Berry Bake	16 Muffins, Yogurt	17 Breakfast Sandwich	18 Blueberry Pancakes, Eggs	19 Biscuit & Gravy	20 German Pancakes	21 Quiche
Ham, Cheesy Potatoes, Mixed Vegetables, Watergate Salad, Roll	Honey Spice Chicken Thigh, Ranch Roasted Potatoes, Squash Casserole	Ziti, Green Beans, Garlic Breadstick	Turkey, Avocado, Bacon Salad w/ Creamy Bacon Ranch, Roll	Brisket (MC: Mac & Cheese), Twice Baked Potatoes, Cornbread, Honey Butter	Pesto Vegetable Pasta, Garlic Knot Roll, Strawberry Mandarin Salad	Fall Chicken Thigh & Veggie Skillet (Brussels Sprouts, Butternut, Cauliflower), Roll
Sourdough Tuna Melt, Pasta Salad, Orange Slices	Sweet & Sour Chicken, Jasmine Rice, Egg Roll	Chicken Cordon Bleu, Baked Potato, Buttered Corn	Big Mac Slider, French Fries, Pink Salad	Chicken & Fresh Fruit Poppysseed Salad, Roll	Pizza, Garlic Breadstick	Honey Sesame Chicken, Jasmine Rice, Egg Roll
SOUP: Chili	SOUP: Broccoli Cheese	SOUP: Potato	SOUP: Enchilada	SOUP: Creamy Chicken	SOUP: Tortellini	SOUP: Vegetable Garden
22 Harvest Muffins, Eggs	23 Crepes, Mixed Berries	24 Waffles, Egg	25 French Toast, Hashbrown	26 Sweet Breads	27 Egg, Toast, Hashbrown	28 Danish, Yogurt Parfait
Salisbury Steak, Mashed Potatoes w/ Gravy, Roasted Cauliflower	Breaded Shrimp, Ham Fried Rice, Egg Roll, Orange Chili Dipping Sauce	Fried Chicken (MC: Tenders), Potato Salad, Buttered Corn, Biscuit	Harvest Bowls (Brussels Spourts, Sweet Potato, Cranberries, Rice), Roll	Turkey, Homemade Stuffing, Potatoes w/ Gravy, Cranberry Sauce, and much more!	Lasagna, Cheesy French Bread, Squash Sautee	Parmesan Tilapia, Rice Pilaf (MC: Potato), Mixed Vegetables
Teriyaki Spinach Pasta Salad, Roll	Pork Street Tacos, Black Bean Salsa, Guacamole	Chili, Cornbread, Honey Butter	Loaded Baked Potato, Soup or Salad	Orange Chicken, Jasmine Rice, Egg Roll	Grilled Ham & Cheese Sandwich on Asiago Bread, Chips	Corn Dog, French Fries, Fry & JDAWG Sauces
SOUP: Vegetable Garden	SOUP: Taco	SOUP: Chicken Noodle	SOUP: Minestrone	SOUP: French Onion	SOUP: Italian Chowder	SOUP: Carrot Chowder
29 Breakfast Berry Bake	30 Muffins, Yogurt	<i>Seasonal fresh fruit is available for breakfast and lunch.</i>	Breakfast Alternates	<i>Specialty side salad and soup of the day can be added to any lunch or dinner</i>	Lunch & Dinner Alternates	Lunch & Dinner Alternates
Meatloaf, Mashed Potatoes w/ Gravy, Roasted Harvest Vegetables	Chili Mac & Cheese, Carrots, Roll		Eggs Made to Order		Hamburger/Cheeseburger	Grilled Ham & Cheese
Chicken Pot Pie, Roll	Deli Sandwich, Frog Eye Salad, Chips		Toast		Tuna Salad	Soup of the Day
SOUP: Carrot Chowder	SOUP: Chicken Tortilla		Oatmeal		Egg Salad	Baked Potato
			Cream of Wheat	Deli Sandwich	Campbell's Tomato Soup	
			Variety of Cold Cereal	Grilled Cheese	Campbell's Chicken Noodle	