

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30-LDS Sacrament 10:00-Music & The Spoken Word <small>Daylight Saving Time Ends</small>	2 9:30-Morning News 10:00-Exercises 10:30-Airplane Race! 11:00-Finish That Line 2:00-Bus Rides x2 5:30-Cornhole 6:00-1 on 1's <small>Aviation day</small>	3 9:30-Morning News 10:00-Daily Exercise 10:30-Bowling 11:00-Music Twister 2:00-Craft Painting 3:00-1 on 1's 5:30-Keep it Up	4 9:30-Morning News 10:00-Cardio 10:30-Bocce Ball 11:00-Sing-Along 2:00-Music by Rockin' Dave 3:00-BINGO 5:30-Basketball	5 9:30-Morning News 10:00-Daily Stretches 10:30-Volleyball 11:00-Rhythm & Movement 2:00-Cooking: Peanut Butter Blondies 3:00-Word Games 5:30-Shuffleboard	6 9:30-Morning News 10:00-Daily Exercises 11:00-Soccer 11:30-Music & Movement 2:00-Bus Rides x2 5:30-Keep it Up	7 9:30-Morning News 10:00-Morning Aerobics 10:30-Cornhole 11:00-Music BINGO 2:00-Nail Salon 3:00-1 on 1's 5:30-Table Tennis
8 9:30-LDS Sacrament 10:00-Music & The Spoken Word	9 9:30-Morning News 10:00-Exercises 10:30-Basketball 11:00-Finish That Line 2:00-Bus Rides x2 5:30-Cornhole 6:00-1 on 1's	10 9:30-Morning News 10:00-Daily Exercise 10:30-Bowling 11:00-Music Twister 2:00-Craft Turkey Pots 3:00-1 on 1's 5:30-Keep it Up	11 9:30-Morning News 10:00-Cardio 10:30-Bocce Ball 11:00-Veterans Music Special 2:00-Music by Larry K. 3:00-BINGO 5:30-Basketball <small>Veterans Day Remembrance Day (Canada)</small>	12 9:30-Morning News 10:00-Daily Stretches 10:30-Volleyball 11:00-Rhythm & Movement 2:00-Cooking: Cranberry Bread 3:00-Word Games 5:30-Shuffleboard	13 9:30-Morning News 10:00-Daily Exercises 11:00-Soccer 11:30-Music & Movement 2:00-Bus Rides x2 5:30-Keep it Up	14 9:30-Morning News 10:00-Morning Aerobics 10:30-Cornhole 11:00-Music BINGO 2:00-Nail Salon 3:00-1 on 1's 5:30-Table Tennis
15 9:30-LDS Sacrament 10:00-Music & The Spoken Word	16 9:30-Morning News 10:00-Exercises 10:30-Basketball 11:00-Finish That Line 2:00-Bus Rides x2 5:30-Cornhole 6:00-1 on 1's	17 9:30-Morning News 10:00-Daily Exercise 10:30-Bowling 11:00-Music Twister 2:00-Craft Scarecrow 3:00-1 on 1's 5:30-Keep it Up	18 9:30-Morning News 10:00-Cardio 10:30-Bocce Ball 11:00-Sing-Along 2:00-1 on 1's 3:00-BINGO 5:30-Basketball	19 9:30-Morning News 10:00-Daily Stretches 10:30-Volleyball 11:00-Rhythm & Movement 2:00-Cooking: Mini Pecan Pies 3:00-Word Games 5:30-Shuffleboard	20 9:30-Morning News 10:00-Daily Exercises 11:00-Soccer 11:30-Music & Movement 2:00-Bus Rides x2 5:30-Keep it Up	21 9:30-Morning News 10:00-Morning Aerobics 10:30-Cornhole 11:00-Music BINGO 2:00-Nail Salon 3:00-1 on 1's 5:30-Table Tennis
22 9:30-LDS Sacrament 10:00-Music & The Spoken Word	23 9:30-Morning News 10:00-Exercises 10:30-Basketball 11:00-Finish That Line 2:00-Bus Rides x2 5:30-Cornhole 6:00-1 on 1's	24 9:30-Morning News 10:00-Daily Exercise 10:30-Bowling 11:00-Music Twister 2:00-Craft Keychains 3:00-1 on 1's 5:30-Keep it Up	25 9:30-Morning News 10:00-Cardio 10:30-Bocce Ball 11:00-Sing-Along 2:00-Music by Louise 3:00-BINGO 5:30-Basketball	26 Happy Thanksgiving! Charlie Brown Thanksgiving Thanksgiving Dinner Macy's Thanksgiving Day Parade <small>Thanksgiving Day (US)</small>	27 9:30-Morning News 10:00-Daily Exercises 11:00-Soccer 11:30-Music & Movement 2:00-Bus Rides x2 5:30-Keep it Up	28 9:30-Morning News 10:00-Morning Aerobics 10:30-Cornhole 11:00-Music BINGO 2:00-Nail Salon 3:00-1 on 1's 5:30-Table Tennis
29 9:30-LDS Sacrament 10:00-Music & The Spoken Word	30 9:30-Morning News 10:00-Exercises 10:30-Basketball 11:00-Finish That Line 2:00-Bus Rides x2 5:30-Cornhole 6:00-1 on 1's	 <h1 style="color: red; font-size: 2em; margin: 0;">November 2020</h1> <h2 style="font-size: 1.5em; margin: 0;">Memory Care</h2>				