

ASHFORD MEAL CALENDAR

November

2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Danish, Eggs, Hashbrowns Turkey, Mashed Potato, Gravy, Cranberry Sauce, Stuffing, Green Beans Ranch, Bacon, Chicken Wrap, Pasta Salad, Orange Slice Soup: Minestrone	2 Omelet Scramble, Eng. Muf Beef Stroganoff Egg Noodles Peas & Carrots, Roll Hot Dog w/ Bun Potato Salad, Fruit Slice Soup: Creamy Mushroom	3 French Toast Sweet Pork Salad Rice, Lettuce, Tomato Cheese, Guac., Sour Cream Baked Ziti Mixed Vegetables, Garlic Bread Soup: White Chicken Chili	4 Muffin, Yogurt, Fried Egg Hamburger Quiche Spinach Salad Mixed Fruit, Jello Italian Slider (Ham, Salami, Pepperoni) Mac & Cheese Soup: Corn Chowder	5 Eggs & Roasted Potatoes Malibu Chicken Potato Casserole Green Beans & Carrots Garlic Alfredo Pasta w/ Kielbasa, Mixed Veggie Soup: Creamy Tomato	6 Scram. w/ Cheese & Toast Beef Enchiladas Garden Salad, Rice Sour Cream, Chips Teriyaki Turkey Burger w/ Swiss, Pineapple, & Mac. Salad Soup: Vegetable	7 Bagel, C. Cheese, Eggs Ranch Chicken Sandwich 5 Cup Salad Chips Swedish Meatballs, Egg Noodle Peas & Carrots, Roll Soup: Creamy Enchilada
8 Eggs, Toast, Hashbrown Meatloaf Mashed Potatoes, Gravy, Mixed Vegetables, Roll Tuna Melt Potato Salad, Chips Soup: Cheesy Potato	9 Pancakes Chicken Parmesan w/ Pasta Mixed Vegetables Breadstick Roast Beef & Cheddar Sand. Potato Salad, Fruit Slice Soup: Creamy Chicken Noodle	10 Biscuits & Gravy Beef Fajita w/ Onions & Peppers, Rice, Sour Cream Chips & Salsa Lemon Honey Chicken Egg Noodles & Veggie Soup: Vegetable Beef	11 Breakfast Skillet Boneless Pork Ribs Corn, Baked Beans Cornbread Tortilla Casserole Spanish Rice, Beans Soup: Corn Chowder	12 Cinnamon Swirl Fr. Toast Beef & Vegetable Stir Fry Brown Rice Jello, Wonton Chicken Parmesan Casserole Corn, Sourdough Garlic Toast Soup: Butternut Squash	13 Breakfast Casserole Stuffed Bell Pepper Potato Casserole Mixed Vegetables Pastrami Sandwich w/ Pickles, & Mustard, Pasta Salad, Chips Soup: Creamy Tomato	14 Waffles Teriyaki Chicken Fried Rice Egg Roll, Fortune Cookie Shrimp Scampi with Linguini Vegetable, Garlic Bread Soup: Navy Bean
15 Danish, Eggs, Hashbrown Ham Scalloped Potatoes, Green Beans, Roll Meatball Sub, Chips, Tapioca Pudding Soup: Minestrone	16 Omelet Scramble, Eng.Muf Parmesan Tilapia Rice Pilaf Squash Medley Turkey Dressing Casserole Vegetable, Jello Salad Soup: Creamy Mushroom	17 French Toast Open Faced Shredded Beef Sandwich, Mashed Potatoes, Gravy, Mixed Vegetables Kielbasa Sausage Potatoes, Onions, Peppers Soup: White Chicken Chili	18 Muffin, Yogurt, Fried Egg White Chicken Enchilada Sauteed Carrots Rice Chef's Salad (Ham, Egg, Cheese, Bacon, Onion, Dressing) Roll Soup: Corn Chowder	19 Eggs & Roasted Potatoes Beef Pot Pie Garden Salad Orange Slice Sweet & Sour Pork Green Beans, Fried Rice Soup: Creamy Tomato	20 Cheesy Eggs with Toast Honey Dijon Chicken Rice Pilaf, Glazed Carrots Roll Pizza, Garden Salad Jello Salad Soup: Vegetable	21 Bagel, C. Cheese, Eggs Shredded Pork, Hawaiian Roll Macaroni Salad Fruit Salad Chicken Salad Croissant Spinach Salad, Chips Soup: Creamy Enchilada
22 Eggs, Toast, Hashbrowns Roast Beef Potatoes, Carrots, Gravy Roll Chicken Cordon Bleu Carrots, Rice Pilaf Soup: Cheesy Potato	23 Pancakes Burrito Bowl Meat, Beans, Rice, Cheese Sour Cream, Guac. & Chips Baked Potato, Chili, Cheese, Sour Cream, Garden Salad Soup: Creamy Chicken Noodle	24 Biscuits & Gravy Salisbury Steak Mashed Potatoes, Gravy Mixed Vegetables Chicken Supreme Carrots, Roll Soup: Vegetable Beef	25 Breakfast Skillet Salmon Rice Pilaf Squash Medley Reuben Sandwich Veggie Cup, Chips Soup: Corn Chowder	26 Breakfast Sandwich Turkey, Mashed Potatoes, Gravy, Stuffing, Green Beans, Yams, Cran. Sauce, & Roll Sloppy Joe W/ Bun Macaroni & Cheese, Jello Soup: Butternut Squash	27 Breakfast Casserole Shepherd's Pie Mixed Vegetables Roll Orange Chicken Fried Rice, Egg Roll Soup: Creamy Tomato	28 Waffles Greg's Spaghetti Caesar Salad Breadstick Egg Salad Sandwich Potato Salad, Fruit Slice Soup: Navy Bean
29 Danish, Eggs, Hashbrowns Beef Taco, Lettuce, Tomato, Cheese, Sour Cream, Rice Beans, Chips, Salsa Fish & Chips Tartar Sauce, Coleslaw Soup: Minestrone	30 Omelet Scramble, Eng.Muf Fried Chicken Potato Casserole Green Beans, Cornbread Grilled Ham & Cheese Macaroni Salad, Chips Soup: Creamy Mushroom					