

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



January 2021

Assisted Living Activities

					<p>10:00-Chair Exercises 1 10:30-Ladder Ball 1:30-Men's Movie-LR <i>National Treasure</i> 2:30-Manicures Happy Birthday Carol G! <small>New Year's Day</small></p>	<p>2 1:30-Target Practice 2:30-Matine Movie-LR <i>Tammy & the Bachelor</i> (Debbie Reynolds/Leslie Nielson) 3:00-Giant Crossword</p>
<p>3 Sacrament Meeting 10:30</p>	<p>4 10:00- Chair Exercises 10:30-Hot Cocoa Social Come prepared with two truths and one lie about yourself. 1:30-Elvis Bingo 3:00-Elvis Bingo</p>	<p>5 10:00-Chair Exercises 10:30-Ring Toss 1:30-Book Club Review "The Secret Keeper" 3:00-Dice game-Farkle</p>	<p>6 10:00-Chair Exercises 10:30-Bowling 1:00-Musical Performance Larry Kinder-GR 4:00-Gospel Doctrine</p>	<p>7 10:00-Chair Exercises 10:30-Cooking-Microwaved Scalloped Potatoes 1:30-Wheel of Fortune 2:45-Scenic Drive (Lincoln Beach)</p>	<p>8 10:00-Chair Exercises 10:30-Bocce Ball 1:30-Men's Movie-LR <i>All the Presidents Men</i> 2:30-Manicures Happy Birthday Dori!</p>	<p>9 1:30-Bingo 2:30-Matine Movie-LR <i>Blue Hawaii</i> (Elvis Presley) 3:00-Bingo</p>
<p>10 Sacrament Meeting 10:30</p>	<p>11 10:00- Chair Exercises 10:30-Craft-Tile coasters painted with a fun alcohol ink technique 1:30-Bingo 3:00-Bingo</p>	<p>12 10:00-Chair Exercises 10:30-Nurse's Corner "Understanding Sleep" Share an interesting dream you have had. 1:30-Giant Crossword 3:00- Dice game-Farkle</p>	<p>13 10:00-Chair Exercises 10:30-Volleyball 1:00-Musical Performance Ed Green-GR 4:00-Gospel Doctrine</p>	<p>14 10:00-Chair Exercises 10:30-Cooking- O'Henry Bars (Janet's recipe) 1:30- Singing around the Piano-GR 2:45-Scenic Drive-(Provo)</p>	<p>15 10:00-Chair Exercises 10:30-Ladder Ball 1:30-Men's Movie-LR <i>The Man who Shot Liberty Valance</i> (John Wayne) 2:30-Manicures</p>	<p>16 1:30-Ring toss 2:30-Matine Movie-LR <i>A Magnificent Obsession</i> (Rock Hudson) 3:00-Dice game-Farkle</p>
<p>17 Sacrament Meeting 10:30</p>	<p>18 10:00- Chair Exercises 10:30-Tracy Aviary Virtual bird watching tour & Make a bird feeder 1:30-Birthday Bingo 3:00-Birthday Bingo <small>Martin Luther King Day</small></p>	<p>19 10:00-Chair Exercises 10:30-Target Practice 1:30-Giant Crossword 3:00-Dice game-Farkle</p>	<p>20 10:00-Chair Exercises 10:30-Bowling 1:00-Musical Performance Louise Payne-GR 4:00-Gospel Doctrine</p>	<p>21 10:00-Chair Exercises 10:30-Cooking- Chicken Chow Mein (Lela's recipe) 1:30-Family Fued 2:45-Scenic Drive (Hobble Creek Canyon)</p>	<p>22 10:00-Chair Exercises 10:30-Bocce Ball 1:30-Men's Movie-LR <i>Mr. Hollands Opus</i> (Richard Dreyfuss) 2:30-Manicures</p>	<p>23 1:30-Ladder Ball 2:30-Matine Movie-LR Out of Africa (Robert Redford/Meryl Streep) 3:00-Giant Crossword</p>
<p>24 Sacrament Meeting 10:30 <small>Activity Professionals Week</small></p>	<p>25 10:00- Chair Exercises 11:00-Gift Store 1:30-Bingo 3:00-Bingo</p>	<p>26 9:00-Dr. Humpherys 10:00-Chair Exercises 10:30-Remote control car racing 1:30-Giant Crossword 3:00- Dice game-Farkle <small>Australia Day (observed)</small></p>	<p>27 10:00-Chair Exercises 10:30-Volleyball 1:00-Piano Performance Daniel-GR 4:00-Gospel Doctrine</p>	<p>28 10:00-Chair Exercises 10:30-Cooking- Baked Alaska 1:30-Wheel of Fortune 2:45-Scenic Drive (SF River bottoms)</p>	<p>29 10:00-Chair Exercises 10:30-Ladder Ball 1:30-Men's Movie-LR <i>The Sting</i> 2:30-Manicures Happy Birthday Marge & Avis!</p>	<p>30 1:30-Target Practice 2:30-Matine Movie-LR <i>Swiss Family Robinson</i> (Dorothy McGuire) 3:00-Card game-Skipbo</p>
<p>31 Sacrament Meeting 10:30 Happy Birthday Marilyn!</p>	<p style="text-align: center;"><i>May health and happiness follow you and yours during the year to come.</i></p> <p style="text-align: center;">Happy New Year!</p>					