

## January 2021 Meals

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>31</b> Breakfast Sandwich Ham, Cheesy Potatoes, Brussels Sprouts w/ Bacon, Garden Salad Broccoli Cheese Soup Garden Salad SOUP: Creamy Chicken	<b>Breakfast Alternates</b> Eggs Made to Order Toast Oatmeal Cream of Wheat Variety of Cold Cereal French Toast	Fresh fruit is available for breakfast and lunch <b>Homemade soup of                      the day available for                      lunch and dinner</b> Dining room service includes specialty side salad	<b>Lunch &amp; Dinner Alternates</b> Hamburger/Cheeseburger Deli Sandwich Egg Salad Sandwich Chicken Salad Sandwich Baked Potato Chef Salad	Grilled Cheese Grilled Ham & Cheese Soup of the Day Campbell's Chicken Noodle Campbell's Tomato Soup	<b>1</b> Crepes, Hashbrown Prime Rib, Baked Potato w/ Topping, Carrots Corn Chowder, Cheesy Biscuit SOUP: Italian Chowder	<b>2</b> Veggie Scramble Artichoke Chicken, Rice Pilaf Green Beans Turkey A La King, Egg Noodles, Peas SOUP: Potato
<b>3</b> Breakfast Sandwich Pork Loin, Rosemary Potatoes, Parmesan Asparagus, Roll Chicken Pot Pie, Roll SOUP: Homemade Tomato	<b>4</b> Quiche, Tater Rounds Chicken Strawberry Pasta Salad, French Peasant Bread Reuben Sandwich, Sweet Potato Fries SOUP: Enchilada	<b>5</b> Danish, Yogurt Parfait Chicken Alfredo, Pasta, Bread Stick Mixed Vegetables Broccoli Cheese Soup, French Sourdough Bread SOUP: Carrot Chowder	<b>6</b> Eggs, Toast, Hashbrown Coconut Shrimp, Ham Fried Rice, Pot Sticker Ashford Dipping Sauce Beef Stew, Baking Powder Biscuit SOUP: Fagioli	<b>7</b> Blueberry Pancakes Turkey Harvest on Croissant, Strawberry Mandarin Salad Chicken Divan, Carrots, Roll SOUP: Taco	<b>8</b> Biscuits & Gravy French Dip Sandwich, Roasted Potatoes, Waldorf Salad Crab Salad with Tomato and Avocado Slices SOUP: Vegetable	<b>9</b> Waffles, Hashbrowns Creamy Chicken, Mashed Potatoes Roasted Broccoli Sloppy Joes, French Fries, Watergate Salad SOUP: Broccoli Cheese
<b>10</b> Audrey's Berry Bake Pot Roast, Potatoes & Gravy, Carrots, Roll Sweet & Sour Pork, Rice, Mixed Vegetables SOUP: Vegetable	<b>11</b> Muffins, Yogurt Honey Spice Thighs, Onion Petals, Zucchini Wedges w/ Parmesan Cheese Big Mac Sliders, Frog Eye Salad, Fries SOUP: Chicken Noodle	<b>12</b> Cereal & English Muffin Meatloaf, Baked Potato w/ Topping, Mixed Vegetables Spaghetti, Caesar Salad, Garlic Bread SOUP: Minestrone	<b>13</b> Cinnamon French Toast Brisket, Rosemary Potatoes, Coleslaw, Cornbread Ham Slider, French Fries, Melon Slice SOUP: Mushroom	<b>14</b> Biscuits & Gravy Blackened Salmon, Dill Sauce, Rice Pilaf, Mixed Vegetables Deli Sandwich, Chips, Berries SOUP: Tortellini	<b>15</b> Bagel, Cr. Cheese, Egg Fried Chicken, Mashed Potatoes w/ Gravy, Corn, Biscuit Pizza, Garlic Bread SOUP: Italian Chowder	<b>16</b> Veggie Scramble Beef Fajitas, Spanish Rice. Black Beans Swedish Meatballs, Pasta, Green Beans SOUP: Potato
<b>17</b> Breakfast Sandwich Turkey, Sweet Potatoes, Stuffing, Sunshine Carrots, Roll Tuna Melt on Sourdough, Chips SOUP: Homemade Tomato	<b>18</b> Quiche, Tater Rounds Ziti, French Peasant Bread, Zucchini Spears w/ Parmesan Orange Chicken, Rice, Egg Roll SOUP: Enchilada	<b>19</b> Danish, Yogurt Parfait Turkey, Bacon, Avocado Sandwich, Seasoned Twister Fries Shepherd's Pie, Roll SOUP: Carrot Chowder	<b>20</b> Eggs, Toast, Hashbrown Philly Cheesesteak Sandwich, Rosemary Potatoes, Peas & Carrots Quiche Loraine, Asparagus, Roll SOUP: Fagioli	<b>21</b> Blueberry Pancakes Chicken Cacciatore, Steamed Rice, Zucchini Spears Homemade Tomato Soup, Grilled Cheese SOUP: Taco	<b>22</b> Biscuits & Gravy Ranch Chicken, Baked Potatoes, Roasted Fall Vegetables Egg Salad on Croissants, Broccoli Salad, Chips SOUP: Vegetable	<b>23</b> Waffles, Hashbrowns Boneless Ribs, Baked Beans, Buttered Corn Fish & Chips, Coleslaw, Tartar Sauce SOUP: Broccoli Cheese
<b>24</b> Audrey's Berry Bake Meatloaf, Baked Potato with Topping, Roasted Butternut Squash Chicken Salad on Croissant, Fruit Cup SOUP: Vegetable	<b>25</b> Muffins, Yogurt Salisbury Steak, Mashed Potatoes w/ Gravy, Green Beans Tater Tot Casserole, Peas & Carrots SOUP: Chicken Noodle	<b>26</b> Cereal & English Muffin Salmon Tacos, Corn Avocado Salsa, Refried Beans Grilled Ham & Cheese on Asiago Bread, French Fries SOUP: Minestrone	<b>27</b> Cinnamon French Toast Chicken Parmesan, Pasta, Green Beans, Roll Tex Mex Ground Beef Salad SOUP: Mushroom	<b>28</b> Biscuits & Gravy Breaded Shrimp, Ham Fried Rice, Egg Roll, Ashford Dipping Sauce Chicken Vegetable Pasta Bake, Roll SOUP: Tortellini	<b>29</b> Bagel, Cr. Cheese, Egg Lasagna, Garlic Bread, Caesar Salad Loaded Baked Potato, Chili, Cheese, & Onions SOUP: Italian Chowder	<b>30</b> Veggie Scramble Chicken Cordon Bleu, Baked Potato w/ Topping, Broccoli Chicken Tenders, Mac & Cheese, Carrots SOUP: Potato