

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021

Memory Care Activities

							10:30 Morning News 10:45 Ribbon Dancing 11:00 Morning Crosswords 2:00 Painting Flowers 5:30 Throwback Movie Night: "Bringing Up Baby" (1938) <small>May Day</small>
2 9:30 Music & the Spoken Word 2:30 LDS Sacrament Meeting	3 10:00 Morning News 10:20 Exercising Head to Toe 10:40 Trivia 2:00 Whoopee Dice Game 3:00 Tasty Toast 5:30 BINGO 6:15 Trivia	4 10:00 Morning News 10:20 Exercise Fun 10:40 Remember When... 2:00 Jace Sings 2:00 Joggin' Noggin 5:30 Star Wars Day: May the 4 th Be with You	5 10:00 Morning News 10:20 Lifting Weights 10:40 Fun with Music 2:00 Mexican Fiesta 5:30 Word Game Wednesday 6:15 YouTube Funnies <small>Cinco de Mayo</small>	6 10:00 Morning News 10:20 Chair Cardio 10:40 Bocce Ball 2:00 Honoring Mothers Social 3:00 Alexis on Piano 5:30 Music Bingo 6:15 Fun Music Facts	7 10:00 Scenic Drive 1:30 BINGO 2:15 Ice Cream Parlor 5:30 Sports Arena 6:15 Short Stories	8 10:30 Morning News 10:45 Chair Cardio 11:00 Joggin' Noggin 2:00 Match it Up Card Game 5:30 Karaoke Party 6:15 Soda Mixology	
9 <i>Happy Mother's Day</i> 9:30 Music & the Spoken Word 2:30 LDS Sacrament Meeting <small>Mother's Day</small>	10 10:00 Morning News 10:20 Exercising Head to Toe 10:40 Trivia 1:30 Walking Group 2:00 Craft: Flower Pens 5:30 BINGO 6:15 YouTube Funnies	11 10:00 Morning News 10:20 Exercise Fun 10:40 Remember When... 2:00 Heart & Soul Performers 5:30 Twilight Zone Day: A Rod Serling Biography 6:15 Twilight Zone Specials	12 10:00 Morning News 10:20 Lifting Weights 10:40 Fun with Music 1:30 YouTube Funnies 2:00 Celebrating Our CNAs! 5:30 Sports Arena 6:00 Word Game Wednesday	13 10:00 Morning News 10:20 Chair Cardio 10:40 Sports Arena 2:00 Tie-Dye Socks 4:30 Music and More 5:30 Whoopee Dice Game 6:15 Throwback Television	14 10:00 Scenic Drive 1:30 Kentucky Derby: Horse Racing Game/Mint Juleps 5:30 Sports Arena 6:15 Fun Facts	15 10:30 Morning News 10:45 Mindfulness & Stretches 11:00 Short Stories 2:00 Word Game: Scattergories 5:30 Modern Movie Night: "Little Women" (2019) <small>Armed Forces Day</small>	
16 9:30 Music & the Spoken Word 2:30 LDS Sacrament Meeting <small>Shavuot Begins</small>	17 10:00 Morning News 10:20 Exercising Head to Toe 10:40 Trivia 1:30 Walking Group 2:00 Match it up Card Game 5:30 BINGO 6:15 Reminiscing	18 10:00 Morning News 10:20 Exercise Fun 10:40 Remember When... 1:30 Jeopardy 2:30 Chase Sings 5:30 Match it Up Card Game 6:15 Classic Television	19 10:00 Morning News 10:20 Lifting Weights 10:40 Fun with Music 1:30 YouTube Funnies 2:00 Cooking Demo: Trifle 5:30 Sports Arena 6:00 Word Game Wednesday	20 10:00 Morning News 10:20 Chair Cardio 10:40 Sports Arena 2:00 Cooking Demo: Trifle 3:30 Bob Shorten on Piano 5:30 Whiteboard Trivia 6:15 YouTube Funnies	21 10:00 Scenic Drive 1:30 BINGO 2:15 Ice Cream Parlor 5:30 Sports Arena 6:15 Table Games	22 10:30 Morning News 10:45 Music and Exercise 11:00 Reminiscing 2:00 Whiteboard Trivia 5:30 Karaoke Party 6:15 Soda Mixology	
23 9:30 Music & the Spoken Word 2:30 LDS Sacrament Meeting	24 10:00 Morning News 10:20 Exercising Head to Toe 10:40 Trivia 1:30 Walking Group 2:00 Patriotic Sing a Long 5:30 BINGO 6:15 Classic Television <small>Victoria Day (Canada)</small>	25 10:00 Morning News 10:20 Exercise Fun 10:40 Remember When... 1:30 Storytime 2:00 Craft: Stars 5:30 Whoopee Dice Game 6:00 Joggin' Noggin	26 10:00 Morning News 10:20 Lifting Weights 10:40 Fun with Music 1:30 YouTube Funnies 2:00 Nerf Target Shooting 5:30 Sports Arena 6:00 Word Game Wednesday	27 10:00 Morning News 10:20 Chair Cardio 10:40 Sports Arena 2:00 Jeopardy 5:30 Name that Tune! 6:15 Reminiscing	28 10:00 Scenic Drive 1:30 Bowling 2:30 Punch and Cookies 5:30 Balloon Toss 6:15 Find-It Sheets	29 10:30 Morning News 10:45 Ribbon Dancing 11:00 Trivia 2:00 Service with a Smile: Letters to Our Troops 5:30 Throwback Movie Night: "The 39 Steps" (1935)	
30 9:30 Music & the Spoken Word 2:30 LDS Sacrament Meeting	31 10:00 Morning News 10:20 Chair Cardio 10:40 Trivia 2:00 Memorial Day Discussion Gourmet Hot Dogs 5:30 Whiteboard Trivia 6:15 YouTube Funnies <small>Memorial Day</small>						

It is our goal to follow the calendar as outlined. However, activities are subject to change without notice.