

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Music & the Spoken Word—Great Room</p> <p>1:30 LDS Sacrament Meeting</p>	<p>2</p> <p>10:00 Chair Zumba</p> <p>10:30 Shopping at Walmart</p> <p>1:30 Walking Group</p> <p>2:00 Take a Penny Leave a Penny Day! Penny Shuffleboard Game</p>	<p>3</p> <p>10:00 Weights</p> <p>10:30 Making Centerpieces, Flower Arrangements</p> <p>1:00 Puzzles & Table Games</p> <p>2:00 Musicals BINGO</p>	<p>4</p> <p>10:00 Chair Cardio</p> <p>10:30 Staff Spotlight—Sherry</p> <p>1:00 Hand & Foot Card Game & Board Games</p> <p>3:00 Gospel Doctrine</p>	<p>5</p> <p>10:00 Weights</p> <p>10:30 Cooking Demo Vegetable Dips</p> <p>1:30 Walking Group</p> <p>2:00 Bowling</p> <p>Happy Birthday Dale!</p>	<p>6</p> <p>10:00 Cardio Drumming</p> <p>10:30 We Love Lucy! Happy Birthday Lucille Ball</p> <p>1:30 Manicure & Manly Movie, Pamper Yourself Day!</p> <p>2:00 Scenic Drive—Liberty Park & Millcreek Canyon</p> <p>Happy Birthday Norma!</p>	<p>7</p> <p>10:00 Scenic Drive—TBD</p> <p>1:00 BINGO</p> <p>2:00 Hand & Foot Card Game & Board Games</p> <p>3:00 Movie in the Great Room Maid in Manhattan</p>
<p>8</p> <p>9:30 Music & the Spoken Word—Great Room</p> <p>1:30 LDS Sacrament Meeting</p>	<p>9</p> <p>10:00 Chair Zumba</p> <p>10:30 Shopping at Harmon's</p> <p>1:30 Walking Group</p> <p>2:00 Balloon Volleyball</p>	<p>10</p> <p>10:00 Weights</p> <p>10:30 Resident Council</p> <p>1:30 BINGO</p> <p>2:30 Heart & Soul Performs</p>	<p>11</p> <p>10:00 Chair Cardio</p> <p>10:30 Nat'l Museum Day, Virtual Museum Tour</p> <p>11:00 Abby Young Performance</p> <p>1:00 Hand & Foot Card Game & Board Games</p> <p>3:00 Gospel Doctrine</p>	<p>12</p> <p>10:00 Weights</p> <p>10:30 Cooking Demo Sponge Cake</p> <p>1:30 Walking Group</p> <p>2:00 Jeopardy Trivia</p> <p>4:00 Music & More</p> <p>Happy Birthday Margaret O!</p>	<p>13</p> <p>10:00 Cardio Drumming</p> <p>10:30 Health & Wellness Gratitude Journals</p> <p>1:30 Manicure & Manly Movie</p> <p>2:00 Scenic Drive—Provo Canyon, Bridal Veil Falls & Sundance</p> <p>Happy Birthday Bob!</p>	<p>14</p> <p>1:00 BINGO</p> <p>2:00 Hand & Foot Card Game & Board Games</p> <p>3:00 Movie in the Great Room National Treasure</p>
<p>15</p> <p>9:30 Music & the Spoken Word—Great Room</p> <p>1:30 LDS Sacrament Meeting</p>	<p>16</p> <p>10:00 Chair Zumba</p> <p>10:30 Shopping at Walmart</p> <p>1:30 Walking Group</p> <p>2:00 Popcorn & Puzzles</p>	<p>17</p> <p>10:00 Weights</p> <p>10:30 Bocce Ball</p> <p>1:00 Puzzles & Table Games</p> <p>2:00 Baseball BINGO</p> <p>3:00 Chase Given Performs</p>	<p>18</p> <p>10:00 Chair Cardio</p> <p>10:30 Nurse's Corner</p> <p>1:00 Hand & Foot Card Game & Board Games</p> <p>3:00 Gospel Doctrine</p> <p>7:15 Scenic Drive—City Lights from Suncrest</p>	<p>19</p> <p>10:00 Weights</p> <p>10:30 Cooking Demo Lemonade</p> <p>1:30 Walking Group</p> <p>2:00 Bowling</p> <p>4:00 Bob Shorten Performs</p>	<p>20</p> <p>10:00 Cardio Drumming</p> <p>10:30 Nat'l Senior Citizens Day, Let's Celebrate You</p> <p>1:30 Manicure & Manly Movie</p> <p>2:00 Scenic Drive—American Fork Canyon & Tribble Fork Reservoir</p>	<p>21</p> <p>1:00 BINGO</p> <p>2:00 Hand & Foot Card Game & Board Games</p> <p>3:00 Movie in the Great Room Sleepless in Seattle</p>
<p>22</p> <p>9:30 Music & the Spoken Word—Great Room</p> <p>1:30 LDS Sacrament Meeting</p>	<p>23</p> <p>10:00 Chair Zumba</p> <p>10:30 Shopping at Harmon's</p> <p>1:30 Walking Group</p> <p>2:00 Door Wreaths Craft</p>	<p>24</p> <p>10:00 Weights</p> <p>10:30 Pictionary</p> <p>1:00 Puzzles & Table Games</p> <p>2:00 Ice Cream BINGO</p>	<p>25</p> <p>10:00 Chair Cardio</p> <p>10:30 Wizard of Oz Day, Yellow Brick Road Party</p> <p>1:00 Hand & Foot Card Game & Board Games</p> <p>3:00 Gospel Doctrine</p>	<p>26</p> <p>10:00 Weights</p> <p>10:30 Cooking Demo Omelette in a Mug</p> <p>1:30 Walking Group</p> <p>2:00 Jeopardy Trivia</p> <p>4:00 Music & More</p>	<p>27</p> <p>10:00 Cardio Drumming</p> <p>10:30 Bowling</p> <p>1:30 Manicure & Manly Movie</p> <p>2:00 Scenic Drive—Lehi "Square" Donut Stop & Timpanogas Temple</p> <p>Happy Birthday Robbie!</p>	<p>28</p> <p>10:00 Scenic Drive—TBD</p> <p>1:00 BINGO</p> <p>2:00 Hand & Foot Card Game & Board Games</p> <p>3:00 Movie in the Great Room The Good, The Bad & The Ugly</p>
<p>29</p> <p>9:30 Music & the Spoken Word—Great Room</p> <p>1:30 LDS Sacrament Meeting</p>	<p>30</p> <p>10:00 Chair Zumba</p> <p>10:30 Shopping at Walmart</p> <p>1:30 Walking Group</p> <p>2:00 Balloon Volleyball</p>	<p>31</p> <p>10:00 Weights</p> <p>10:30 Group Game-Password</p> <p>1:00 Puzzles & Table Games</p> <p>2:00 Sunshine BINGO</p>	<p>August 2021</p> <p>Assisted Living</p>			