

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> <p>9:30 Music & the Spoken Word—Great Room</p> <p>1:30 LDS Sacrament Meeting</p>	<p>2</p> <p>10:00 Morning News 10:30 Exercise Head to Toe 11:00 Flower Arrangements</p> <p>1:30 Walking Group 2:00 Penny Shuffleboard Game</p> <p>5:30 Bingo 6:15 Coloring Happy Birthday Ann!</p>	<p>3</p> <p>10:00 Morning News 10:30 Exercise Fun 11:00 Remember When...</p> <p>1:30 Reading Reader's Digest 2:00 Nat'l Coloring Book Day</p> <p>5:30 Match It Up Card Game 6:15 YouTube Fun</p>	<p>4</p> <p>10:00 Scenic Drive</p> <p>1:30 Good News 2:00 Afternoon Exercises 2:30 Fun with Music</p> <p>5:30 Corn Hole 6:15 Word Games</p>	<p>5</p> <p>10:00 Morning News 10:30 Chair Cardio 11:00 Sports Arena</p> <p>1:30 Walking Group 2:00 Manicures & Movie</p> <p>5:30 Alexa's Ukulele 6:15 Reminiscing</p>	<p>6</p> <p>10:00 Scenic Drive</p> <p>1:30 Joggin' Noggin 2:00 We Love Lucy! Happy Birthday Lucille Ball</p> <p>5:30 Root Beer Float Day 6:15 Rick Steves' Switzerland</p>	<p>7</p> <p>10:30 Morning News 10:45 Ribbon Dancing 11:00 Purple Hearts Day</p> <p>2:00 Whiteboard Games</p> <p>5:30 Throwback Movie "The Karate Kid" (1984)</p>
<p>8</p> <p>9:30 Music & the Spoken Word—Great Room</p> <p>1:30 LDS Sacrament Meeting</p>	<p>9</p> <p>10:00 Morning News 10:30 Exercise Head to Toe 11:00 Cooking Demo & Trivia Sponge Cake</p> <p>1:30 Walking Group 2:00 Sing-A-Long</p> <p>5:30 Bingo 6:15 Classic Television</p>	<p>10</p> <p>10:00 Morning News 10:30 Exercise Fun 11:00 Remember When...</p> <p>1:30 Reading Reader's Digest 2:30 Heart & Soul Performs</p> <p>5:30 Music Bingo 6:15 Fun Music Facts</p>	<p>11</p> <p>10:00 Scenic Drive</p> <p>1:30 Good News 2:00 Afternoon Exercises 2:30 Fun with Music</p> <p>5:30 Floor Darts 6:15 Word Games</p>	<p>12</p> <p>10:00 Morning News 10:30 Chair Cardio 11:00 Sports Arena</p> <p>1:30 Walking Group 2:00 Manicures & Movie 4:30 Music & More</p> <p>5:30 National Elephant Day 6:15 All About Elephants</p>	<p>13</p> <p>10:00 Scenic Drive</p> <p>1:30 Joggin' Noggin 2:00 Health & Wellness Gratitude Journals</p> <p>5:30 Fly Swatter Balloon 6:15 Jeopardy</p>	<p>14</p> <p>10:30 Morning News 10:45 Chair Cardio 11:00 Reminiscing</p> <p>2:00 Name That Tune!</p> <p>5:30 Classic Television "The Dick Van Dyke Show"</p>
<p>15</p> <p>9:30 Music & the Spoken Word—Great Room</p> <p>1:30 LDS Sacrament Meeting</p>	<p>16</p> <p>10:00 Morning News 10:30 Exercise Head to Toe 11:00 Cooking Demo & Trivia Lemonade</p> <p>1:30 Walking Group 2:00 BINGO</p> <p>5:30 Bingo 6:15 YouTube Funnies</p>	<p>17</p> <p>10:00 Morning News 10:30 Exercise Fun 11:00 Remember When...</p> <p>1:30 Reading Reader's Digest 2:30 Chase Given Performs</p> <p>5:30 Alexa's Ukulele 6:15 Conversation Cards</p>	<p>18</p> <p>10:00 Scenic Drive</p> <p>1:30 Good News 2:00 Afternoon Exercises 2:30 Fun with Music</p> <p>5:30 Reminiscing 6:15 Word Games</p>	<p>19</p> <p>10:00 Morning News 10:30 Chair Cardio 11:00 Sports Arena</p> <p>1:30 Walking Group 2:00 Manicures & Movie 3:30 Bob Shorten Performs</p> <p>5:30 Match It Up Card Game 6:15 Classic Television</p>	<p>20</p> <p>10:00 Scenic Drive</p> <p>1:30 Joggin' Noggin 2:00 Nat'l Senior Citizens Day, Let's Celebrate You</p> <p>5:30 Hockey 6:15 Color by Number</p>	<p>21</p> <p>10:30 Morning News 10:45 Mindfulness 11:00 Joggin' Noggin</p> <p>2:00 Painting</p> <p>5:30 Modern Movie "Mary Poppins Returns" (2018)</p>
<p>22</p> <p>9:30 Music & the Spoken Word—Great Room</p> <p>1:30 LDS Sacrament Meeting</p>	<p>23</p> <p>10:00 Morning News 10:30 Exercise Head to Toe 11:00 Cooking Demo & Trivia Omelette in a Mug</p> <p>1:30 Walking Group 2:00 Sing-A-Long</p> <p>5:30 Bingo 6:15 Find It Sheets</p>	<p>24</p> <p>10:00 Morning News 10:30 Exercise Fun 11:00 Remember When...</p> <p>1:30 Reading Reader's Digest 2:00 Door Wreaths Craft</p> <p>5:30 Name That Show Tune! 6:15 Song Quiz</p>	<p>25</p> <p>10:00 Scenic Drive</p> <p>1:30 Afternoon Exercises 2:00 Wizard of Oz Day, Yellow Brick Road Party</p> <p>5:30 Fly Swatter Balloon 6:15 Word Games</p>	<p>26</p> <p>10:00 Morning News 10:30 Chair Cardio 11:00 Sports Arena</p> <p>1:30 Walking Group 2:00 Manicures & Movie 4:30 Music & More</p> <p>5:30 A to Z 6:15 Joggin' Noggin</p>	<p>27</p> <p>10:00 Scenic Drive</p> <p>1:30 Joggin' Noggin 2:00 Popsicle Fun & Craft</p> <p>5:30 Corn Hole 6:15 YouTube Funnies</p> <p>Happy Birthday Faye!</p>	<p>28</p> <p>10:30 Morning News 10:45 Ribbon Dancing 11:00 Morning Crosswords</p> <p>2:00 Scattergories</p> <p>5:30 Classic Television "What's My Line?"</p>
<p>29</p> <p>9:30 Music & the Spoken Word—Great Room</p> <p>1:30 LDS Sacrament Meeting</p>	<p>30</p> <p>10:00 Morning News 10:30 Exercise Head to Toe 11:00 Cooking Demo & Trivia Vegetable Dips</p> <p>1:30 Walking Group 2:00 5 Senses Game</p> <p>5:30 Bingo 6:15 Rick Steves' Egypt</p>	<p>31</p> <p>10:00 Morning News 10:30 Exercise Fun 11:00 Remember When...</p> <p>1:30 Reading Reader's Digest 2:00 Music Jeopardy</p> <p>5:30 Alexa's Ukulele 6:15 Conversation Cards</p>	 <p>August 2021</p> <p>Memory Care</p>			