

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2021

Memory Care Activities

			10:00 Good News 10:30 Chair Cardio 11:00 Corn Hole 1:30 Draw to Music 2:00 Joggin' Noggin 5:30 Fly Swatter Balloon 6:15 Word Game Wednesday	1	10:00 Good News 10:30 Chair Cardio 11:00 Music Bingo 1:30 Reader's Digest 2:00 Find it Sheets 5:30 Whiteboard Trivia 6:15 Bubbles Galore Happy Birthday Ed!	2	10:00 Scenic Drive – Alpine 1:30 Manicures & Movies 5:30 Nerf Gun Target Practice 6:15 Fun Facts	3	10:30 Good News 10:45 Chair Cardio 11:15 Morning Crosswords 2:00 Special Performance: The Baird Family 5:30 Whoopee Dice Game 6:15 Conversation Cards	4	
9:30 Music & the Spoken Word – Great Room 1:30 LDS Sacrament Meeting	5	10:00 Good News 10:30 Chair Cardio 11:00 Guess the Slogan Game 1:30 Cooking Demo – French Toast in a Cup 5:30 Bingo 6:15 Classic Television <small>Labor Day Rosh Hashanah Begins</small>	6	10:00 Good News 10:30 Cardio Drumming 11:00 Holiday Sing-Along 1:30 Bocce Ball 2:00 Parachute 5:30 Reminiscing 6:15 YouTube Fun	7	10:00 Good News 10:30 Chair Cardio 11:00 Outdoor Reading 1:30 Play-Doh Creations 2:00 Joggin' Noggin 5:30 Corn Hole 6:15 Word Game Wednesday	8	10:00 Scenic Drive – Daybreak Lake 1:30 Manicures & Movies 5:30 Floor Darts 6:15 Reminiscing	10	10:30 Good News 10:45 Chair Cardio 11:15 Coloring and Music 2:00 Balloon Volleyball 5:30 Match it Up Card Game 6:15 Riddle Me This	11
9:30 Music & the Spoken Word – Great Room 1:30 LDS Sacrament Meeting <small>Grandparents Day</small>	12	10:00 Good News 10:30 Chair Cardio 11:00 Yee-Haw: Country Dancing 1:30 Cooking Demo – Fondue 5:30 Bingo 6:15 Coloring	13	10:00 Good News 10:30 Cardio Drumming 11:00 Holiday Sing-Along 2:15 Heart and Soul Performance Join A.L. 5:30 National Coloring Day 6:15 National Cream Filled	14	10:00 Good News 10:30 Chair Cardio 11:00 Outdoor Reading 1:30 Draw to Music 2:00 Joggin' Noggin 5:30 Ladder Toss 6:15 Word Game Wednesday <small>Yom Kippur Begins</small>	15	10:00 Scenic Drive – Dimple Dell 1:30 Manicures & Movies 5:30 Basketball 6:15 YouTube Funnies	17	10:30 Good News 10:45 Ribbon Dancing 11:15 Morning Crosswords 2:00 Music Bingo 5:30 Throwback Movie Night: "The Man Who Knew Too Much" (1956) <small>Oktoberfest Begins</small>	18
9:30 Music & the Spoken Word – Great Room 1:30 LDS Sacrament Meeting	19	10:00 Good News 10:30 Chair Cardio 11:00 Mary Tyler Moore Day 1:30 Cooking Demo – Chocolate Shakes 5:30 Bingo 6:15 Find It Sheets <small>Sukkot Begins</small>	20	10:00 Good News 10:30 Cardio Drumming 11:00 Holiday Sing-Along 1:30 Bubble Blast 2:30 Performance: Chase Givens 5:30 Alexa's Ukulele 6:15 Reminiscing	21	10:00 Good News 10:30 Chair Cardio 11:00 Rainbow Craft: Pom-Pom Necklace 1:30 Play-Doh Creations 2:00 Joggin' Noggin 5:30 Ice Cream Cone Day 6:15 Word Game Wednesday <small>Autumn Begins</small>	22	10:00 Scenic Drive – Rose Canyon/Herriman Reservoir 1:30 Manicures & Movies 5:30 Fly Swatter Balloon 6:15 Painting	24	10:30 Good News 10:45 Chair Cardio 11:15 Short Stories 2:00 Whiteboard Trivia 5:30 Reminiscing 6:15 YouTube Funnies	25
9:30 Music & the Spoken Word – Great Room 1:30 LDS Sacrament Meeting	26	10:00 Good News 10:30 Chair Cardio 11:00 Do-Re-Mi Day: Sing-Along 1:30 Cooking Demo – Healthy Mug Soup 5:30 Bingo 6:15 World Tourism Day	27	10:00 Good News 10:30 Cardio Drumming 11:00 Holiday Sing-Along 1:30 Reader's Digest 2:30 Jeopardy 5:30 A to Z 6:15 Riddled with Riddles <small>Simchat Torah Begins</small>	28	10:00 Good News 10:30 Chair Cardio 11:00 Outdoor Therapy time 1:30 Parachute 2:00 Joggin' Noggin 5:30 Corn Hole 6:15 YouTube Fun	29				
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