

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:30-Morning News <b>1</b> 10:00-Exercises 10:30-Bocce Ball 11:00-Finish That Line <b>1:00-Day of the Dead</b> 2:30-Scenic Drive 5:00-Ring Toss 6:00-FHE	9:30-Morning News <b>2</b> 10:00-Cardio 10:30-Bowling 11:00-Music Twister 2:00-Art: Watercolors 3:00-1 on 1's 5:30-Keep it Up	9:30-Morning News <b>3</b> 10:00-Jazzercise 10:30-Cornhole 11:00-Sing-Along <b>2:00-Music: Larry Kinder</b> 3:00-BINGO 5:30-Basketball	9:30-Morning News <b>4</b> 10:00-Daily Stretches 10:30-Ring Toss 11:00-Rhythm & Music 2:00-Chef's Corner: Caramel Apples 3:00-Jackpot 5:30-Keep it Up	9:30-Morning News <b>5</b> 10:00-Daily Exercises 10:30-Volleyball 11:00-Music & Movement 1:00-Daylight Savings <b>2:00-Music: Mark Shipley</b> 2:30-Scenic Drive 3:00- Puzzles 5:30-Cornhole	9:30-Morning News <b>6</b> 10:00-Morning Aerobics 10:30-Basketball 11:00-Music BINGO 2:00-Nail Salon 3:00-1 on 1's 5:30-Sport of the Week
9:30-LDS Sacrament 10:00-Music & The Spoken Word <b>6:00-Goodsell Family and Friends Musical</b>  <small>Daylight Saving Time Ends</small>	9:30-Morning News <b>8</b> 10:00-Exercises 10:30-Bocce Ball 11:00-Finish That Line 1:00-Word Games 2:30-Scenic Drive 5:00-Ring Toss 6:00-FHE	9:30-Morning News <b>9</b> 10:00-Cardio 10:30-Bowling 11:00-Music Twister <b>2:00-Art: Pretzel Fun</b> 3:00-1 on 1's 5:30-Keep it Up	9:30-Morning News <b>10</b> 10:00-Jazzercise 10:30-Cornhole 11:00-Sing-Along <b>1:00-Music: Ed Green</b> 2:00-BINGO 3:00-Hockey 5:30-Basketball	9:30-Morning News <b>11</b> 10:00-Daily Stretches 10:30-Ring Toss 11:00-Rhythm & Music 2:00-Chef's Corner: <b>Veterans Day</b> 3:00-Jackpot 5:30-Keep it Up <small>Veterans Day Remembrance Day (Canada)</small>	9:30-Morning News <b>12</b> 10:00-Daily Exercises 10:30-Volleyball 11:00-Music & Movement 1:00-Costa Rica 2:30-Scenic Drive 3:00- Puzzles 5:30-Cornhole	9:30-Morning News <b>13</b> 10:00-Morning Aerobics 10:30-Basketball 11:00-Music BINGO 2:00-Nail Salon 3:00-1 on 1's 5:30-Sport of the Week
9:30-LDS Sacrament 10:00-Music & The Spoken Word	9:30-Morning News <b>15</b> 10:00-Exercises 10:30-Bocce Ball 11:00-Finish That Line <b>1:30-Just for Fun Choir</b> 2:30-Scenic Drive 5:00-Ring Toss 6:00-FHE	9:30-Morning News <b>16</b> 10:00-Cardio 10:30-Bowling 11:00-Music Twister 2:00-Renaissance 3:00-1 on 1's 5:30-Keep it Up	9:30-Morning News <b>17</b> 10:00-Jazzercise 10:30-Cornhole 11:00-Sing-Along <b>2:00-Music: Good Times</b> 3:00-BINGO 5:30-Basketball	9:30-Morning News <b>18</b> 10:00-Daily Stretches 10:30-Ring Toss 11:00-Rhythm & Music 2:00-Chef's Corner: Orange Cranberry Bread 3:00-Jackpot 5:30-Keep it Up	9:30-Morning News <b>19</b> 10:00-Daily Exercises 10:30-Volleyball 11:00-Music & Movement 1:00-Mr. Rogers 2:30-Scenic Drive 3:00-Puzzles 5:30-Cornhole	9:30-Morning News <b>20</b> 10:00-Morning Aerobics 10:30-Basketball 11:00-Music BINGO <b>2:00-Mtn Blues Brothers</b> 3:00-1 on 1's 5:30-Sport of the Week <b>Happy Birthday Nancy!</b>
9:30-LDS Sacrament 10:00-Music & The Spoken Word <b>5:30-Music by Ben Griffin</b>	9:30-Morning News <b>22</b> 10:00-Exercises 10:30-Bocce Ball 11:00-Finish That Line 1:00-Word Games 2:30-Scenic Drive 5:00-Ring Toss 6:00-FHE	9:30-Morning News <b>23</b> 10:00-Cardio 10:30-Bowling 11:00-Music Twister 2:00-Pinecone Turkeys 3:00-1 on 1's 5:30-Keep it Up	9:30-Morning News <b>24</b> 10:00-Jazzercise 10:30-Turkey Hunt! 11:00-Sing-Along <b>2:00-Music: Heart and Soul</b> 3:00-BINGO 5:30-Basketball	9:00-Macy's Thanksgiving Day parade  12:00-Thanksgiving Dinner <small>Thanksgiving Day</small>	9:30-Morning News <b>26</b> 10:00-Daily Exercises 10:30-Volleyball 11:00-Music & Movement 1:00-Mickey Mantle 2:30-Scenic Drive 3:00-Puzzles 5:30-Cornhole	9:30-Morning News <b>27</b> 10:00-Morning Aerobics 10:30-Basketball 11:00-Music BINGO 2:00-Nail Salon 3:00-1 on 1's 5:30-Sport of the Week
9:30-LDS Sacrament 10:00-Music & The Spoken Word  <small>Hanukkah Begins</small>	9:30-Morning News <b>29</b> 10:00-Exercises 10:30-Bocce Ball 11:00-Finish That Line 1:00-Word Games 2:30-Scenic Drive 5:00-Ring Toss 6:00-FHE	9:30-Morning News <b>30</b> 10:00-Cardio 10:30-Bowling 11:00-Music Twister 2:00-Christmas Gnomes! 3:00-1 on 1's 5:30-Keep it Up				

# November 2021

## Memory Care