

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2022

Assisted Living

						1 1:15 Bingo 2:00 Hand &Foot Card game Happy Birthday David!! New Year's Day
2 1:30 LDS Sacrament Meeting	10:00 Chair Cardio 10:30 Shopping at Harmons 1:30 Piano with Alison 2:00 Team Charades	3 10:00 Chair Cardio 10:30 Stitching Hearts Service Project-newborn kits 2:00 Humor Bingo 3:00 John Tolman on guitar	4 10:00 Chair Cardio 10:30 Winter door wreaths 1:00 Hand & Foot Card game/ Board games 3:00 Gospel Doctrine	5 10:00 Weights 10:30 Cooking Demo-Flavored drinks 2:00 Cathy Performs 3:00 Virtual Crossword puzzle Happy Birthday Marydith!	6 10:00 Chair Cardio 10:30 Nurses Corner- Inflammation management 1:30 Manicures 2:00 Scenic Drive- Daybreak Lake	7 1:15 Bingo 2:00 Hand & Foot Card game
9 1:30 LDS Sacrament Meeting	10:00 Chair Cardio 10:30 Weird Food Combo Day- Enjoy weird food samples and trivia 1:30 Piano with Alison 2:00 Rummikub tournament – Come win prizes!	10 10:00 Chair Cardio 10:30 Resident Council 1:30 Hostess Bingo 2:30 Heart & Soul Performs	11 10:00 Chair Cardio 10:30 Indoor snowflake craft 1:00 Hand & Foot Card game/ Board games 3:00 Gospel Doctrine	12 10:00 Weights 10:30 Cooking Demo-zoodles salad 2:00 Balloon Volleyball 4:00 Music and More	13 10:00 Chair Cardio 10:30 Outing: Bingo at Draper Senior Center 1:30 Manicures 2:00 Scenic Drive- Dimple Dell area	14 1:15 Bingo 2:00 Draper Park Middle School Performs
16 1:30 LDS Sacrament Meeting	10:00 Chair Cardio 10:30 Shopping at Walmart 1:30 Piano with Alison 2:00 Board games <small>Martin Luther King Jr. Day</small>	17 10:00 Chair Cardio 10:30 Pictionary 2:00 Double Candy Bingo 4:00 Chase Given Performs	18 10:00 Chair Cardio 10:30 Jewelry making with Lidia 1:00 Hand & Foot Card game/ Board games 3:00 Gospel Doctrine	19 10:00 Weights 10:30 Cooking Demo- Snowy Kiss cookies 2:00 Balloon Volleyball 4:00 Bob on piano	20 10:00 Chair Cardio 10:30 History Club- Utah Trivia 1:30 Manicures 2:00 Scenic Drive-Herriman Reservoir & Iceberg ice cream	21 1:15 Bingo 2:00 Hand & Foot Card game
23 1:30 LDS Sacrament Meeting Happy Birthday Marilyn! <small>Activity Professionals Week</small>	10:00 Chair Cardio 10:30 Compliment Day- learn how to give and receive a compliment 1:30 Piano with Alison 2:00 Rummikub tournament- Come win prizes!	24 10:00 Chair Cardio 10:30 Stitching Hearts Service Project-file folder kits for Kids 2:00 Winter Blues Bingo 3:00 Amanda Frisby Perform Happy Birthday Joan H!	25 10:00 Chair Cardio 10:30 Dining Room centerpieces 1:00 Hand & Foot Card game/ Board games 3:00 Gospel Doctrine <small>Australia Day (observed)</small>	26 10:00 Weights 10:30 Cooking Demo- Cucumber & Hummus Snack bites 2:00 Roll a Topic 4:00 Music and More	27 10:00 Chair Cardio 10:30 History Club-Lambs Canyon history 1:30 Manicures 2:00 Scenic Drive- Downtown Salt Lake City	28 1:15 Bingo 2:00 Hand & Foot Card Game
30 1:30 LDS Sacrament Meeting	10:00 Chair Cardio 10:30 Shopping at Harmons 1:30 Piano with Alison 2:00 Geography Bee- Do you know the answers?	31 <i>Celebrate endings- for they precede new beginnings</i>				