

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# January 2022

## Memory Care

								10:30 Good News 10:45 Chair exercises 11:15 Fun with Bubbles  2:15 Guess the picture & Italian Soda's 5:30 Movie Night- Doris Day <small>New Year's Day</small>		1				
		2	10:00 Good News Stories 10:30 Chair Exercises 11:00 Music Time- My Fair Lady 2:00 Noodle Ball 5:15 Short Stories 6:15 Joggin' Noggin	3	10:00 Good News Stories 10:30 Chair Exercises 11:00 Music Bingo  <b>2:00 John Tolman on guitar</b> 5:15 National Trivia Day 6:15 Joggin' Noggin	4	10:00 Good News Stories 10:30 Chair Exercises 11:00 Cooking Demo- Chips and Dip 2:00 Winter Gnome craft 5:15 Word game Wednesday 6:15 DIY fish tanks	5	10:00 Good News Stories 10:30 Chair Exercises 11:00 Find it sheets <b>2:00 Cathy Performs</b> 5:15 Alexa's Ukulele 6:15 Conversation cards	6	10:00 Good News Stories 10:30 Chair Exercises 11:00 Conversation Cards 2:00 Manicure and Movie 5:15 conversation cards 6:15 floor darts	7	10:30 Good News 10:45 Ribbon dancing 11:15 Joggin' Noggin  2:15 Vision Board Day 5:30 Classic TV Night: The Carol Burnett Show	8
2:30 LDS Sacrament Meeting		9	10:00 Good News Stories 10:30 Chair Exercises 11:00 Music time 2:00 Weird Food Combo Samples and trivia 5:15 Houseplant Day- 6:15 Roll a Topic	10	10:00 Good News Stories 10:30 Chair Exercises 11:00 Cookies & Conversation  <b>2:00 Heart &amp; Soul performs</b> 5:15 Name that tune 6:15 Fun music facts	11	10:00 Good News Stories 10:30 Chair Exercises 11:00 Cooking Demo- Zoodle Salad 2:00 Pinecone Owl craft 5:15 conversation cards 6:15 sensory bottles	12	10:00 Good News Stories 10:30 Chair Exercises 11:00 Parachute Fun 2:00 Sports Arena <b>4:30 Music and More</b> 5:15 Alexa's Ukulele 6:15 Reminiscing	13	10:00 Good News Stories 10:30 Chair Exercises 11:00 Soccer 2:00 Manicures and Movie 5:15 poetry reading 6:15 flyswatter balloon	14	10:30 Good News 10:45 Chair exercises 11:15 Find it Sheets <b>2:30 Draper Park Middle School Performs</b> 5:30 Movie Night- Maid in Manhattan	15
2:30 LDS Sacrament Meeting		16	10:00 Good News Stories 10:30 Chair Exercises 11:00 Music- Oklahoma! 2:00 Noodle Ball 5:15 Sugar free chocolate mice 6:15 Joggin Noggin <small>Martin Luther King Jr. Day</small>	17	10:00 Good News Stories 10:30 Chair Exercises 11:00 Music Bingo 2:00 Joggin Noggin <b>3:30 Chase Givens Performs</b> 5:15 National Winnie the Pooh 6:15 Biography: A.A. Milne	18	10:00 Good News Stories 10:30 Chair Exercises 11:00 Cooking Demo-cookies 2:00 Wreath craft 5:15 word game Wednesday 6:15 crafted stars <b>Happy Birthday Jill!</b>	19	10:00 Good News Stories 10:30 Chair Exercises 11:00 Music Bingo 2:00 Sports Arena <b>3:30 Bob on Piano</b> 5:15 National Penguins Day 6:15 Documentary: March of The Penguins	20	10:00 Good News Stories 10:30 Chair Exercises 11:00 Conversation Cards 2:00 Manicure's and Movie 5:15 conversation cards 6:15 cornhole <b>Happy Birthday David!</b>	21	10:30 Good News 10:45 Chair exercises 11:15 Watercolor pages  2:15 Joggin Noggin 5:30 Movie Night- National Treasure	22
2:30 LDS Sacrament Meeting  <small>Activity Professionals Week</small>		23	10:00 Good News Stories 10:30 Chair Exercises 11:00 Music Time 2:00 Compliment Day- giving and receiving them 5:15 DIY bracelet making 6:15 Roll a topic	24	10:00 Good News Stories 10:30 Chair Exercises 11:00 Cookies & Conversation 2:00 Watercolor pages <b>2:45 Amanda Frisby Perform</b> 5:15 Name that Show Tune 6:15 Broadway Trivia	25	10:00 Good News Stories 10:30 Chair Exercises 11:00 Cooking Demo- snack bites 2:00 Sock Snowman Craft 5:15 conversation cards 6:15 finger painted trees <small>Australia Day (observed)</small>	26	10:00 Good News Stories 10:30 Chair Exercises 11:00 Find it sheets 2:00 Sports Arena <b>4:30 Music and More</b> 5:15 Alexa's Ukulele 6:15 Conversation cards	27	10:00 Good News Stories 10:30 Chair Exercises 11:00 Soccer 2:00 Manicures and Movie 5:15 poetry reading 6:15 bowling	28	10:30 Good News 10:45 Chair exercises 11:15 Roll a Topic  2:15 Cookies and Conversation 5:30 Movie Night-Swiss Family Robinson	29
2:30 LDS Sacrament Meeting		30	10:00 Good News Stories 10:30 Chair Exercises 11:00 Music- The Music Man 2:00 Noodle Ball 5:15 Bubble wrap day- bubble wrap carrots 6:15 Joggin Noggin	31										