April 2022

Assisted Living

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 10:00 Chair exercises 10:30 April Fools' Day- Jokes and laughter exercises 1:30 Manicures 2:00 Scenic Drive-Liberty Park- Tracey Aviary	**2** 1:15 Bingo 2:00 Hand & Foot card game
3 1:30 LDS Sacrament Meeting	**4** 10:00 Chair exercises 10:30 Shopping at Walmart 1:30 Bible Study group 2:00 Rhummikub Tournament 6:00 The Chosen series (in the Great Room)	**5** 10:00 Weights 10:30 Stitching Hearts Service 2:00 Sunshine Bingo **3:00 Micheal Meservy Performs**	**6** 10:00 Chair exercises 10:30 Invite your loved one- making Easter cupcakes 1:30 Hand & Foot card game Board games 3:00 Gospel Doctrine Class	**7** 10:00 Weights 10:30 Nurses Corner- humor for your health. Importance of laughter 1:30 Outdoor walking group **2:00 Accordion Performers** 3:00 Five Crowns card game	**8** 10:00 Chair exercises **10:30 Outing-Draper Senior center for Bingo** 1:30 Manicures 2:00 Scenic Drive- Bridal Veil Falls/Provo Canyon	**9** 1:15 Bingo 2:00 Hand & Foot card game
10 1:30 LDS Sacrament Meeting	**11** 10:00 Chair exercises 10:30 Shopping at Harmon's 1:30 Outdoor Walking group 2:00 Show and Tell- Bring an item and share its story 6:00 The Chosen series	**12** 10:00 Weights 10:30 Resident Council 1:30 Candy Bingo **2:30 Heart & Soul Performs**	**13** 10:00 Chair exercises **11:00 Outing: Lunch Bunch Kneaders** 1:30 Hand & Foot card game Board games 3:00 Gospel Doctrine Class	**14** 10:00 Weights 10:30 Cooking Demo- Marydith's chocolate banana pie 1:30 Outdoor walking group 2:00 Balloon Volleyball **4:00 Music and More**	**15** 10:00 Chair exercises 10:30 Sibling Social- Bring a picture of your Sibling and share a story 1:30 Manicures 2:00 Scenic Drive- Tibble Fork Reservoir/American Fork **Happy Birthday David!**	**16** 1:15 Bingo 2:00 Hand & Foot card game
17 1:30 LDS Sacrament Meeting	**18** 10:00 Chair exercises 10:30 Shopping at Walmart 1:30 Bible Study group 2:00 Rhummikub Tournament 6:00 The Chosen series (in the Great Room)	**19** 10:00 Weights 10:30 Stitching Hearts Service 2:00 Pick your prize bingo **4:00 Chase Given Performs**	**20** 10:00 Chair exercises 10:30 Invite your loved one- Flower pretzel bites 1:30 Hand & Foot card game Board games 3:00 Gospel Doctrine Class	**21** **9:45 Outing-Tulip Festival At Thanksgiving Point** 1:30 Outdoor walking group **2:00 New Fiddlers Performs** 3:00 Five Crowns card game	**22** 10:00 Chair exercises 10:30 History Club- Constance Kopp-First Female sheriff in 1900's 1:30 Manicures 2:00 Scenic Drive- Lehi- Square donuts-Timpanogas	**23** 1:15 Bingo 2:00 Hand & Foot card game
24 1:30 LDS Sacrament Meeting	**25** 10:00 Chair exercises 10:30 Shopping at Harmon's 1:30 Outdoor Walking group 2:00 Tea Party on the patio- Wear your hats and pearls! 6:00 The Chosen	**26** 10:00 Weights 10:30 Staff Spotlight-Heidi S. 2:00 Candy Bingo **3:00 Racheal Bates Performs**	**27** 10:00 Chair exercises 10:30 Invite your loved one- Make butterfly cupcakes 1:30 Hand & Foot card game Board games 3:00 Gospel Doctrine Class	**28** 10:00 Weights 10:30 Cooking with Karla 1:00 Ashford Shopping Boutique **4:00 Music and More**	**29** 10:00 Chair exercises 10:30 History Club- Female WWII heroes 1:30 Manicures 2:00 Scenic Drive- Saratoga Springs Temple and Pelican Bay	**30** 1:15 Bingo 2:00 Hand & Foot card game