

ASHFORD MEAL CALENDAR

ASHFORD MEAL CALENDAR						April	2022
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><u>Memory Care Mealtimes</u> Breakfast: 7:30-8:30 Lunch: 11:30-12:30 Dinner: 4:30-5:30</p>	<p><u>Assisted Living Mealtimes</u> Breakfast: 8:00-9:00 Lunch: 12:00-1:00 Dinner: 5:00-6:00</p>	<p><u>Breakfast Alternatives</u> Eggs of choice, Variety of Cold Cereal, Oatmeal, Cream of Wheat, Yogurt</p>	<p><u>Lunch/Dinner Alternatives:</u> Hamburger, Chef Salad Grilled Cheese, Ham and Cheese, Tuna, Hot Dog, Baked Potato</p>	<p>All Breakfast offers sausage, bacon & fresh fruit with the</p> <p>Fresh green salad and homemade soup available daily.</p>	<p>1 Eggs, Toast, Hash Browns Strawberry Spinach Pasta Salad, Rolls with Homemade Strawberry Jam Gourmet Mac & Cheese, Green Beans SOUP: Chili</p>	<p>2 French Toast Ritzy Chicken, Mashed Potatoes with Gravy, Peas & Carrots Pesto Tortellini Bake, Sliced Tomatoes, Roll SOUP: Vegetable</p>	
<p>3 Muffin, Hash Browns Pot Roast, Mashed Potatoes with Gravy, Mixed Vegetables, Roll Macadamia Pancakes, Coconut Syrup, Sausage, Bacon, Fruit SOUP: Mushroom</p>	<p>4 German Pancakes Bacon Cheeseburger, Baked Beans, French Fries Beef Tostada, Homemade Refried Beans SOUP: Ham Bone Soup</p>	<p>5 Bagel, Yogurt Philly Steak Sandwiches OR Steak Salad, Peppers and Onions, Roasted Potatoes, Jell-O Artichoke Chicken, Baked Potato, Frog Eye Salad SOUP: Chicken Noodle</p>	<p>6 Waffles Sweet Pork Quesadilla, Homemade Refried Beans, Chips, Homemade Salsa & Guacamole Italian Creamy Chicken, Rice, Carrots, Roll SOUP: Italian Chowder</p>	<p>7 Crepes with Berry Compote Apricot Chicken, Rice, Green Beans with Bacon, Roll Chicken Divan, Waldorf Salad, Orange Slices SOUP: French Onion</p>	<p>8 Breakfast Burrito, Salsa Chicken Cordon Bleu, Baked Potato with Topping, Steamed Broccoli Crab Salad, Sliced Tomatoes and Avocado, Roll SOUP: Broccoli Cheese</p>	<p>9 French Toast Casserole Beef Stroganoff, Egg Noodles, Mixed Vegetables, Roll Orange Chicken, Rice, Steamed Broccoli, Egg Roll SOUP: Beef Stew</p>	
<p>10 Egg Scramble, English Muffin Turkey, Mashed Potatoes with Gravy, Peas & Carrots, Roll Appetizer Night SOUP: Tomato Basil</p>	<p>11 Pancakes Basil Sundried Tomato Chicken, Fettuccine, Shredded Brussels Sprout Salad, Fruit Egg Salad on Croissant, Grapes, Broccoli Salad SOUP: Potato</p>	<p>12 Quiche, Hash Browns Turkey, Bacon, Avocado Sandwich, OR Turkey Bacon Avocado Salad Macaroni Salad, Chips & Dip Sloppy Joes, French Fries, Carrot & Celery Sticks SOUP: White Chicken Chili</p>	<p>13 Blueberry Croissant Puff Lasagna, Garlic Parmesan, Focaccia Bread, Caesar Salad Reuben Sandwich, Sweet Potato Fries, Grapes SOUP: Tortellini Soup</p>	<p>14 Breakfast Sandwich Turkey Cranberry Sandwich, Roasted Butternut Squash, Deviled Egg Fish & Chips, Coleslaw, Berry Cup SOUP: Corn Chowder</p>	<p>15 Eggs, Toast, Hash Browns Honey Baked Ham, Cheesy Potatoes, Parmesan Asparagus, Fruit Cup, Roll Grilled Cheese on Artisan Bread, Tomato Basil Soup SOUP: Chili</p>	<p>16 French Toast Hawaiian Haystacks, (Chicken, Sauce, Pineapple, Peppers, Chow Mein Noodles) White Chicken Enchilada, Black Bean Salsa, Corn Chips SOUP: Vegetable</p>	
<p>17 Muffin, Hash Browns, Egg Salisbury Steak, Mashed Potatoes with Gravy, Peas & Carrots, Roll Chicken Salad Sandwich, Chips, Grapes Soup: Corn Chowder</p>	<p>18 German Pancakes Navajo Taco (Beef, Refried Beans, Lettuce, Tomato, Sour Cream, Salsa, Guacamole) BBQ Drumstick, Baked Beans, Corn SOUP: Ham Bone Soup</p>	<p>19 Bagel, Yogurt Southwest Wraps OR Southwest Salad, Fruit Cup, Chips Sloppy Joe Pie, Corn, Deviled Egg SOUP: Chicken Noodle</p>	<p>20 Waffles Kalua Pork, Rice, Hawaiian Macaroni Salad Ham Sliders, Greek Pasta Salad, Fruit Cup SOUP: Italian Chowder</p>	<p>21 Crepes with Berry Compote Poppy Seed Chicken, Baked Potato, Steamed Broccoli Chicken A La King, Toast, Peas, Rice SOUP: French Onion</p>	<p>22 Breakfast Burrito, Salsa Fried Chicken, Mashed Potatoes with Gravy, Corn, Cornbread Chili Mac & Cheese, Mixed Vegetables, Roll SOUP: Broccoli Cheese</p>	<p>23 French Toast Casserole Cashew Chicken, Rice, Broccoli and Carrots Strawberry Poppyseed and Chicken Salad, Roll SOUP: Beef Stew</p>	
<p>24 Egg Scramble, English Muffin Meatloaf, Baked Potato with Topping, Green Beans with Bacon, Roll Corn Dog, French Fries, Fry Sauce, Carrot & Celery, Dip SOUP: Tomato Basil</p>	<p>25 Pancakes French Dip Sandwich, Au Jus, French Fries, Fry Sauce, Baked Beans Potato Bar, Chili, Cheese, Onion, Sour Cream, Garden Salad SOUP: Potato</p>	<p>26 Quiche, Hash Browns Mexican Pork Salad OR Sweet Pork Quesadilla, Homemade Refried Beans County Fair Corn Dog, French Fries SOUP: White Chicken Chili</p>	<p>27 Blueberry Croissant Puff Breaded Shrimp, Orange Dipping Sauce, Ham Fried Rice, Cabbage Salad with Bacon Pizza Night, Caesar Salad SOUP: Tortellini Soup</p>	<p>28 Breakfast Sandwich Spring Ham & Asparagus, Lemon Cream Pasta, Carrots, Jell-O Teriyaki Chicken, Rice, Egg Roll, Dipping Sauce SOUP: Corn Chowder</p>	<p>29 Eggs, Toast, Hash Browns Blackened Salmon Tacos, Corn Avocado Salsa, Cilantro White Sauce, Refried Beans Panini Sandwich, Sun Chips, Fresh Vegetables SOUP: Chili</p>	<p>30 French Toast Chicken Enchilada, Refried Beans, Salsa with Corn Chips Sweet & Sour Pork, Rice, Cabbage Salad SOUP: Vegetable</p>	