

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2024</h1> <h2>Memory Care</h2>				10:00 Chair Cardio 10:30 Target Practice 11:00 Music and News 1:30 Valentines Craft 2:30 Random Trivia 5:30 Basketball	10:00 Scenic Drive -Utah Lake 1:30 Manicures 5:30 Soccer  Groundhog Day	10:30 Exercise 11:00 Sport of the Week 2:00 Puzzles & Games 3:00 I Love Lucy 5:30 Sing Along and Evening Stretches
2:30 Church Services	10:00 Jazzercise 10:30 Giant Darts 11:00 Music and News 1:30 Bus Ride 2:30 Bingo 5:30 Keep it Up	10:00 Chair Exercise 10:30 Balloon Volleyball 11:00 Music and News 1:30 Heart Attack 2:30 Sarah Ziroll 5:30 Ladder Ball	10:00 Exercise 10:30 Bocce Ball 11:00 Music and News 1:00 Social Hour 2:00 Cooking Demo -Cherry Lush Dessert 5:30 Horseshoes	10:00 Chair Cardio 10:30 Target Practice 11:00 Music and News 1:30 Walking Group 2:00 Music Mike 5:30 Youth Group Volunteers	10:00 Scenic Drive -Gardner Village 1:30 Manicures 5:30 Soccer	10:30 Exercise 11:00 Sport of the Week 2:00 Coloring & Crafts 3:00 Cathy Plays Violin 5:30 Sing Along and Evening Stretches  Chinese New Year (Year of the Dragon)
2:30 Church Services	10:00 Jazzercise 10:30 Giant Darts 11:00 Music and News 1:30 Bus Ride 2:30 Bingo 5:30 Steffensen Family	10:00 Chair Exercise 10:30 Balloon Volleyball 11:00 Music and News 1:30 Traveling to New Orleans 2:30 Heart and Soul 5:30 Ladder Ball Mardi Gras	10:00 Exercise 10:30 Bocce Ball 11:00 Music and News 1:00 Alex Plays Piano 2:00 Cooking Demo -Fudge 5:30 Horseshoes Valentine's Day	10:00 Chair Cardio 10:30 Target Practice 11:00 Music and News 1:30 Galentine's Party 2:30 Matthew Sings 5:30 Basketball	10:00 Scenic Drive -Herriman 1:30 Manicures  5:30 Families and Fondue	10:30 Exercise 11:00 Sport of the Week 2:00 Puzzles & Games 3:00 Merrill Plays Piano 5:30 Sing Along and Evening Stretches
2:30 Church Services	10:00 Jazzercise 10:30 Giant Darts 11:00 Music and News 1:30 Bus Ride 2:30 Bingo 5:30 Keep it Up  Presidents' Day (US)	10:00 Chair Exercise 10:30 Balloon Volleyball 11:00 Music and News 1:30 Water Colors 2:30 Music Therapy 5:30 Ladder Ball	10:00 Exercise 10:30 Bocce Ball 11:00 Music and News 1:00 Social Hour 2:00 Cooking Demo -Street Taco's 5:30 Horseshoes	10:00 Chair Cardio 10:30 Target Practice 11:00 Music and News 1:30 Chair Yoga 2:30 Pet Therapy 5:30 Basketball	10:00 Scenic Drive -Pleasant Grove 1:30 Manicures 5:30 Soccer	10:30 Exercise 11:00 Sport of the Week 2:00 Coloring & Crafts 3:00 I Love Lucy 5:30 Sing Along and Evening Stretches
2:30 Church Services  <b>Happy Birthday Janet</b>	10:00 Jazzercise 10:30 Giant Darts 11:00 Music and News 1:30 Bus Ride 2:30 Bingo 5:30 Keep it Up	10:00 Chair Exercise 10:30 Balloon Volleyball 11:00 Music and News 1:30 Cereal Day 2:30 Audio Visual 5:30 Ladder Ball <b>Happy Birthday Patrick</b>	10:00 Exercise 10:30 Bocce Ball 11:00 Music and News 1:00 Social Hour 2:00 Cooking Demo -Oreo Dirt Cake 5:30 Horseshoes	10:00 Chair Cardio 10:30 Target Practice 11:00 Music and News 1:30 International Toast Day 2:30 Leap Frog! 5:30 Basketball		