

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 9:30-Church Services 10:30-Music and the Spoken Word	3 9:30-Morning News 10:00-Exercise 10:30-Ladderball 1:00-Word Games 2:30-Palmyra/Benjamin 5:30-Ring Toss 6:00-FHE	4 9:30-Morning News 10:00-Exercise & Cornhole 11:00-Ribbons & Music 2:00-Shrinky Dinks 3:00-One on One's 5:30-Keep it Up 6:00-Nightly Stretches	5 9:30-Morning News 10:00-Cardio 10:30-Bowling 1:00-Birthday Bingo 2:00-Music-Larry Kinder 5:30-Baseball 6:00-Nightly Stretches	6 9:30-Morning News 10:00-Workout & Bocce Ball 11:00-Sing Along 2:00-Cooking-Broccoli Cheddar Bites 3:00-Word Game 5:30-Basketball 6:00-Nightly Stretches	7 9:30-Morning News 10:00-Cardio & Bocce Ball 11:00 Name that Song 1:00-Singing by the Piano 2:30-Sundance 3:30-Puzzles/Games 5:30-Friday Night Football 6:00-Nightly Stretches	8 9:30-Weekend News 10:00-Jazzercise 10:30-Ring Toss 2:00-Manicures 3:00-One-on-One's 5:30-Sport of the Week 6:00-Nightly Stretches
9 9:30-Church Services 10:30-Music and the Spoken Word 6:00-Joy Dahle Goodsell Friends & Family Music Hour	10 9:30-Morning News 10:00-Exercise 10:30-Ladderball 1:00-Word Games 2:30-Payson Canyon 5:30-Ring Toss 6:00-FHE	11 9:30-Morning News 10:00-Exercise & Cornhole 11:00-Ribbons & Music 2:00-Flag Craft 3:00-One on One's 5:30-Keep it Up 6:00-Nightly Stretches	12 9:30-Morning News 10:00-Cardio 10:30-Bowling 1:00-Music-AL- Robert Peterson (Trumpet/Vocals) 2:00-BINGO 5:30-Baseball 6:00-Nightly Stretches	13 9:30-Morning News 10:00-Workout & Bocce Ball 11:00-Sing Along 2:00-Cooking-Blueberry Lemon Cake 3:00-Word Game 5:30-Basketball 6:00-Nightly Stretches	14 9:30-Morning News 10:00-Cardio & Volleyball 11:00 Name that Song 11:30-Father's Day Picnic 1:00-Red Ledges 2:30-Impressionist-AL 5:30-Friday Night Football 6:00-Nightly Stretches	15 9:30-Weekend News 10:00-Jazzercise 10:30-Ring Toss 2:00-Manicures 3:00-One-on-One's 5:30-Sport of the Week 6:00-Nightly Stretches
16 9:30-Church Services 10:30-Music and the Spoken Word Father's Day!	17 9:30-Morning News 10:00-Exercise 10:30-Ladderball 1:00-Word Games 2:30-Slate Canyon/Provo 5:30-Ring Toss 6:00-FHE	18 9:30-Morning News 10:00-Exercise & Cornhole 11:00-Ribbons & Music 2:00-Popsicle Door Hanger 3:00-One on One's 5:30-Keep it Up 6:00-Nightly Stretches	19 9:30-Morning News 10:00-Cardio 10:30-Bowling 1:00-BINGO 2:00-Music-Rock'n Dave 5:30-Baseball 6:00-Nightly Stretches	20 9:30-Morning News 10:00-Workout & Volleyball 11:00-Sing Along 2:00-Cooking-Vera's Chocolate Cake 3:00-Word Game 5:30-Basketball 6:00-Nightly Stretches	21 9:30-Morning News 10:00-Cardio & Bocce Ball 11:00 Name that Song 1:00-Singing by the Piano 2:30-River Bottoms 3:30-Puzzles/Games 5:30-Friday Night Football 6:00-Nightly Stretches	22 9:30-Weekend News 10:00-Jazzercise 10:30-Ring Toss 2:00-Manicures 3:00-One-on-One's 5:30-Sport of the Week 6:00-Nightly Stretches
23 9:30-Church Services 10:30-Music and the Spoken Word	24 9:30-Morning News 10:00-Exercise 10:30-Ladderball 1:00-Word Games 2:30-Hobble Creek L. Fork 5:30-Ring Toss 6:00-FHE	25 9:30-Morning News 10:00-Exercise & Cornhole 11:00-Ribbons & Music 2:00-Ice Cream Social 3:00-One on One's 5:30-Keep it Up 6:00-Nightly Stretches	26 9:30-Morning News 10:00-Cardio 10:30-Bowling 1:00-BINGO 2:30-Music-AL-Mnt. Blues Brothers 5:30-Baseball 6:00-Nightly Stretches	27 9:30-Morning News 10:00-Workout & Bocce Ball 11:00-Sing Along 2:00-Cooking-Churros 3:00-Word Game 5:30-Basketball 6:00-Nightly Stretches	28 9:30-Morning News 10:00-Cardio & Volleyball 11:00 Name that Song 1:00-Outdoor Walks 2:30-Lincoln Beach 3:30-Puzzles/Games 5:30-Friday Night Football 6:00-Nightly Stretches	29 9:30-Weekend News 10:00-Jazzercise 10:30-Ring Toss 2:00-Manicures 3:00-One-on-One's 5:30-Sport of the Week 6:00-Nightly Stretches
30 9:30-Church Services 10:30-Music and the Spoken Word	 <div style="background-color: #00AEEF; color: white; padding: 20px; display: inline-block; text-align: center;"> <h1 style="margin: 0;">June 2024</h1> <h2 style="margin: 0;">Memory Care Activities</h2> </div>					