


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>October 2024</b> Assisted Living Activities</p>		<p>10:00 Weights <b>1</b> 10:30 Crafting with Shelly 2:00 Bingo <b>3:00 Sarah Ziroll Performs</b></p>	<p>10:00 Chair Exercises <b>2</b> <b>10:30 Michaels Craft Store</b> 1:30 Skyjo card game 3:00 Gospel Doctrine</p> <p><small>Rosh Hashanah Begins</small></p>	<p>10:00 Weights <b>3</b> 10:30 Cooking Demo – Butterbeer 1:00 Manicures 2:30 Cornhole</p>	<p>10:00 Chair Exercises <b>4</b> 10:30 Traveling with the Newmans 1:15 Scenic Drive – Little Cottonwood Canyon 2:00 Random Trivia</p>	<p><b>5</b> 1:00 Matinee Movie – <i>Big</i> 2:00 Hand and Foot card game (dining room)</p>
<p><b>6</b> 1:30 LDS Sacrament Meeting <b>Happy Birthday Freddie!</b></p>	<p><b>7</b> 10:00 Chair Exercises 10:30 Shopping at Harmons 1:30 Outdoor Walk 2:30 Archery</p>	<p><b>8</b> 10:00 Weights 10:30 Resident Council 2:00 Bingo 3:00 Heart and Soul Performs <b>Happy Birthday Geneva! Happy Birthday Vera!</b></p>	<p><b>9</b> 10:00 Chair Exercises 10:30 Ladder Ball 1:30 <i>I Love Lucy</i> (Great Room) 3:00 Gospel Doctrine</p>	<p><b>10</b> 10:00 Weights 10:30 Cooking Demo – Homemade Oreos 1:00 Manicures <b>2:30 TJ Neyman Performs</b></p>	<p><b>11</b> 10:00 Chair Exercises 10:30 Bingo 1:15 Scenic Drive – Millcreek Canyon 2:00 Virtual Crossword</p> <p><small>Yom Kippur Begins</small></p>	<p><b>12</b> 1:00 Matinee Movie – <i>Enchanted</i> 2:00 Hand and Foot card game (dining room) <b>Happy Birthday Reid!</b></p>
<p><b>13</b> 1:30 LDS Sacrament Meeting</p>	<p><b>14</b> 10:00 Chair Exercises 10:30 Shopping at Walmart 1:30 Outdoor Walk 2:30 Bocce Ball</p> <p><small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small></p>	<p><b>15</b> 10:00 Weights 10:30 Painting Class – Mini Pumpkins 1:15 Draper Temple – Endowments <b>3:30 Joanne Brinton's Musical Readers Theatre</b></p>	<p><b>16</b> 10:00 Chair Exercises 10:30 <b>Lunch Bunch: Costa Vida</b> 1:30 Rummikube 3:00 Gospel Doctrine <b>Happy Birthday Thelma! Happy Birthday Tony!</b></p> <p><small>Sukkot Begins</small></p>	<p><b>17</b> 10:00 Weights 10:30 Cooking Demo – Caramel Apples 1:00 Manicures 2:30 Mini Golf</p>	<p><b>18</b> 10:00 Chair Exercises 10:30 Bingo 1:15 Scenic Drive – American Fork Canyon &amp; Alpine Loop (2+ hr drive) 2:00 Scategories</p>	<p><b>19</b> 1:00 Matinee Movie – <i>Queen of Katwe</i> 2:00 Hand and Foot card game (dining room)</p>
<p><b>20</b> 1:30 LDS Sacrament Meeting</p>	<p><b>21</b> 10:00 Chair Exercises 10:30 Shopping at Harmons 1:30 Travel to Mexico with Tessa 2:00 Staff Spotlight: Katie (Admin)</p>	<p><b>22</b> 10:00 Weights 10:30 Cornhole Tournament 2:00 Bingo 3:00 <i>Hocus Pocus</i> and Popcorn (Great Room)</p>	<p><b>23</b> 10:00 Chair Exercises 10:30 Pioneer History with Cliff 1:30 Jeopardy 3:00 Gospel Doctrine</p>	<p><b>24</b> 10:00 Weights 10:30 Cooking Demo – Witches Crack 1:00 Manicures 2:30 Target Practice 4:00 Music and More</p> <p><small>Simchat Torah Begins</small></p>	<p><b>25</b> 10:00 Chair Exercises 10:30 Bingo 1:15 Scenic Drive – Big Cottonwood Canyon 2:00 Candy Corn Toss</p>	<p><b>26</b> 1:00 Matinee Movie – <i>The Rookie</i> 2:00 Hand and Foot card game (dining room)</p>
<p><b>27</b> 1:30 LDS Sacrament Meeting</p>	<p><b>28</b> 10:00 Chair Exercises 10:30 Shopping at Walmart 1:30 Axe Throwing 2:30 Color and Sip <b>6:00 Trick or Treating</b></p>	<p><b>29</b> 10:00 Weights 10:30 Balloon Volleyball 2:00 Bingo <b>3:00 Audio Visual Performs</b></p>	<p><b>30</b> 10:00 Chair Exercises <b>10:30 Dollar Store</b> 1:30 Skyjo card game 3:00 Gospel Doctrine</p>	<p><b>31</b> 10:00 Weights 10:30 Cooking Demo – Spooky Brownies 1:00 Manicures 2:30 Ashford Ticket Store</p> <p><small>Halloween</small></p>	