

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# November 2024

## Memory Care

						10:00 Scenic Drive -Utah Lake 1:00 Manicures 2:00 Popcorn & Movie 5:30 Ring Toss	1 10:30 Exercise 11:00 Sport of the Week 1:00 Art Group 3:00 Keegan Sings 5:30 Music & News <b>Happy Birthday Deween!</b>
2:30 LDS Sacrament Meeting  <small>Daylight Saving Time Ends</small>	3 10:00 Jazzercise 10:30 Balloon Volleyball 11:00 Music & News 1:30 Bus Ride 2:30 Bingo 5:30 Cornhole	4 10:00 Chair Workout 10:30 Target Practice 11:00 Music & News 1:30 Fall Leaves Painting 2:30 Sarah Plays Violin 5:30 Evening Stretches	5 10:00 Chair Exercise 10:30 Bocce Ball 11:00 Music & News 1:00 Social Hour 2:00 Cooking Demo -Apple Cinnamon Roll 5:30 Giant Dart Board	6 10:00 Chair Cardio 10:30 Bowling 1:30 Turkey Wreaths 2:30 Parfaits 5:30 Keep it Up  <b>Happy Birthday Nadean!</b>	7 10:00 Scenic Drive -Gardner Village 1:00 Manicures 2:00 Popcorn & Movie 5:30 Ring Toss	<small>Diwali (Hindu)</small> 8 10:00 Scenic Drive -Pleasant Grove 1:00 Manicures 2:00 Popcorn & Movie 5:30 Ring Toss	9 10:30 Exercise 11:00 Sport of the Week 1:00 Art Group 3:00 Cathy Plays Violin 5:30 Music & News
2:30 LDS Sacrament Meeting	10 10:00 Jazzercise 10:30 Balloon Volleyball 11:00 Music & News 1:30 Bus Ride 2:30 Bingo 5:30 Cornhole  <small>Veterans Day Remembrance Day (Canada)</small>	11 10:00 Chair Workout 10:30 Target Practice 11:00 Music & News 1:30 Traveling to Ohio 2:30 Heart and Soul 5:30 Evening Stretches	12 10:00 Chair Exercise 10:30 Bocce Ball 11:00 Music & News 1:00 Social Hour 2:00 Cooking Demo -Homemade Oreo's 5:30 Giant Dart Board	13 10:00 Chair Cardio 10:30 Bowling 1:30 Walking Group 2:00 Music Mike 5:30 Keep it Up	14 10:00 Scenic Drive -Draper City 1:00 Manicures 2:00 Popcorn & Movie 5:30 Ring Toss	15 10:00 Scenic Drive -Pleasant Grove 1:00 Manicures 2:00 Popcorn & Movie 5:30 Ring Toss  <b>Happy Birthday Larry!</b>	16 10:30 Exercise 11:00 Sport of the Week 1:00 Art Group 3:00 Merrill Plays Piano 5:30 Music & News
2:30 LDS Sacrament Meeting	17 10:00 Jazzercise 10:30 Balloon Volleyball 11:00 Music & News 1:30 Bus Ride 2:30 Bingo 5:30 Cornhole <b>Happy Birthday Pam!</b>	18 10:00 Chair Workout 10:30 Target Practice 11:00 Music & News 1:30 Watercolors 3:00 Music Therapy 5:30 Evening Stretches	19 10:00 Chair Exercise 10:30 Bocce Ball 11:00 Music & News 1:00 Social Hour 2:00 Cooking Demo -Pumpkin Bars 5:30 Volunteers/Crafts	20 10:00 Chair Cardio 10:30 Turkey Bowling 1:30 Alex Plays Piano 2:30 Paper Airplane Races 3:30 Bob Plays Piano 5:30 Keep it Up	21 10:00 Scenic Drive -Draper City 1:00 Manicures 2:00 Popcorn & Movie 5:30 Family Pie Night	22 10:00 Scenic Drive -Eagle Mountain 1:00 Manicures 2:00 Popcorn & Movie 5:30 Ring Toss	23 10:30 Exercise 11:00 Sport of the Week 1:00 Art Group 3:00 Secrets of the Zoo Show 5:30 Music & News
2:30 LDS Sacrament Meeting	24 10:00 Jazzercise 10:30 Balloon Volleyball 11:00 Music & News 1:30 Bus Ride 2:30 Bingo 5:30 Cornhole	25 10:00 Chair Workout 10:30 Turkey Shoot 11:00 Music & News 1:30 Jeopardy 2:30 Audio Visual 5:30 Evening Stretches	26 10:00 Chair Exercise 10:30 Bocce Ball 11:00 Music & News 1:00 Social Hour 2:00 Cooking Demo -Banana Nut Blondies 5:30 Giant Dart Board	27 10:00 Chair Cardio 10:30 Turkey Bowling 1:30 Alex Plays Piano 2:30 Paper Airplane Races 3:30 Bob Plays Piano 5:30 Keep it Up	28 10:00 Scenic Drive -Eagle Mountain 1:00 Manicures 2:00 Popcorn & Movie 5:30 Ring Toss	29 10:00 Scenic Drive -Eagle Mountain 1:00 Manicures 2:00 Popcorn & Movie 5:30 Ring Toss	30 10:30 Exercise 11:00 Sport of the Week 1:00 Art Group 3:00 Dieter the Singing Cowboy 5:30 Music & News
				<small>Thanksgiving Day</small>			