

ASHFORD MEAL CALENDAR

May

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast Alternatives Eggs, Toast, French Toast, Eggo Waffles, Yogurt, Fruit, Bacon, Sausage, Oatmeal, Cereal: Frosted Flakes, Cheerios, Fruit Loops, Cinnamon Toast Crunch Ham, Bacon, Biscuits & Gravy	Lunch/Dinner Alternatives Hamburger, Cheeseburger, Grilled Ham & Cheese, Grilled Cheese, Hotdog, Chicken Cheese Quesadilla, Cheese Quesadilla, Mac & Cheese	Lunch/Dinner Alternatives Campbells Tomato Soup, Chicken Noodle Soup, Baked Potato (1 hour notice), Chef's Salad, Cottage Cheese		1 Homstyle Pancakes HAPPY BIRTHDAY MARSHA! Garlic Chicken Cornbread Sausage Stuffing Cheese Enchilada Spanish Rice SOUP: Cream of Vegetable	2 English Muffin Sandwich Smothered Pork Chops Seasoned Rice Herb Roasted Vegetables Classic Lasagna Light Summer Salad SOUP: Potato Spinach	3 Belgian Waffle HAPPY BIRTHDAY BRUCE! Lemon Herb Turkey Roast w/ Gravy Homestyle Stuffing Crispy Chicken Strips Sweet Slaw SOUP: Garden Tomato
4 Mixed Berry Vanilla Baked Oatmeal Beef Pot Roast Garlic Mashed Potatoes Honey Glazed Carrots Turkey BLT Wrap Fresh Asparagus SOUP: Chicken Orzo	5 Brown Sugar French Toast HAPPY BIRTHDAY CLARA! Chicken with Mushroom Gravy Parsley Noodles Green Chile Smothered Burrito Mexican Roasted Vegetables SOUP: Gazpacho	6 Bacon and Egg Casserole HAPPY BIRTHDAY GLORIA! Swiss Cube Steak Mashed Yams Margherita Flatbread Pizza Spinach Tomato Salad SOUP: Fresh Vegetable	7 Western Breakfast Sandwich Salisbury Steak and Gravy Roasted Rosemary Potatoes Peas and Onions Grilled Fish Sandwich Potato Chips SOUP: Carrot	8 Bagel and Cream Cheese Chicken Bruschetta Fettuccine Alfredo Roasted Brussels Sprouts Turkey Croissant Sandwich Chef's Steamed Vegetable SOUP: Cream of Cauliflower	9 German Pancakes HAPPY BIRTHDAY JERILYN! Cheddar Crusted Fish Delicious Rice Chicken Caesar Sandwich Lemon Pepper Green Beans SOUP: Spinach and Artichoke	10 Denver Omelet BBQ Meatloaf Ranch Roasted Potatoes Roasted Zucchini Chef Salad Crusty Garlic Bread SOUP: Vegetable Medley
11 French Toast Sticks Braised Beef Roast Glazed Sweet Potatoes Glazed Baby Carrots Egg Salad Sandwich Pickled Beets and Onions SOUP: Homestyle Vegetable	12 Pancakes HAPPY BIRTHDAY CARL! Vegetarian Rice and Bean Bake Herb Buttered Corn and Green Beans Smokehouse Burger Lettuce, Tomato, & Onion SOUP: Bean and Bacon	13 Egg Mushroom Scramble HAPPY BIRTHDAY JEFF! Pepper Beef Tips over Rice Chef's Steamed Vegetable Bratwurst and Sauerkraut Sauteed Peppers and Onions SOUP: Vegetable Macaroni	14 Sausage Country Gravy & Biscuits Slow Roasted Carved Turkey Classic Mashed Potatoes Cranberry Sauce Sloppy Joes Sweet Spinach Salad SOUP: Cream of Potato	15 Perfect Pancakes Breaded Seasoned Drumsticks Garlic Roasted Potatoes Baby Carrots Pastrami Sandwich Italian Peas SOUP: Garden Vegetable	16 Egg Bacon Croissant Honey Lemon Salmon Rice Broccoli and Cauliflower Grilled Ham and Swiss Sandwich Three Bean Salad SOUP: Creamy Tomato Basil	17 Deluxe Waffle Corned Beef Brisket Steamed Red Potatoes Yellow Squash and Onions Cheese and Pepper Pizza Watermelon SOUP: Garden Vegetable
18 Cheesy Scrambled Eggs Apricot Glazed Pork Roast Fresh Cooked Yams Green Beans Almondine Marinara Chicken Penne with Veggies Caesar Salad SOUP: Garden Vegetable	19 Buttermilk Pancakes Country Fried Steak with Gravy Classic Mashed Potatoes Corn on the Cob Southwest Salmon Bowl Lemon Pudding SOUP: Cream of Zucchini	20 Ham Breakfast Casserole Marinated Rosemary Chicken Rice Pilaf Sauteed Yellow Squash Philly Cheesesteak Sandwich French Fries SOUP: Minestrone	21 Cinnamon French Toast Baked Ham with Mango Salsa Roasted Red Potatoes Grilled Asparagus Cobb Salad with Avocado Dressing Parmesan Breadsticks SOUP: Tomato Green Bean	22 Sausage Egg Muffin Beef Pot Roast Classic Mashed Potatoes Glazed Baby Carrots Ham Salad Slider Potato Chips SOUP: Vegetable Medley	23 Homestyle Waffles HAPPY BIRTHDAY IRENE! Mediterranean Shrimp Seasoned Brown Rice Beef Stroganoff Roasted Zucchini SOUP: Borscht	24 Bacon Egg and Avacado Toast BBQ Beef Brisket Favorite Baked Beans Country Trio Medley Grilled Chicken Salad Baked Cheddar Roll SOUP: Vegetable Rice
25 Denver Egg Scramble Meatloaf Cheesy Scalloped Potatoes Oven Roasted Broccoli Pulled Pork Sandwich Red Potato Salad SOUP: Roasted Red Pepper	26 Buttersctoch Oatmeal HAPPY BIRTHDAY ROSS! HAPPY MEMORIAL DAY! Parmesan Chicken Breast Penne Pasta Deli Swiss Sandwich SOUP: Homestyle Vegetable	27 Fluffy Pancakes HAPPY BIRTHDAY BERDENE! Savory Turkey Roast and Gravy Classic Mashed Potatoes Chicken Enchilada Bake Refried Beans SOUP: Black Bean Salsa	28 Sausage Country Gravy & Biscuits HAPPY BIRTHDAY MARIE! Classic Baked Ham Baked Macaroni Cheese Southwest Turkey Wrap Cucumber Dill Salad SOUP: Fresh Tomato	29 Blueberry Muffin HAPPY BIRTHDAY GERALD! Honey Roasted Chicken Thigh Penne Pasta Beef Stir Fry With Rice Spring Egg Roll SOUP: Sweet Potato Bisque	30 Egg Bacon Croissant HAPPY BIRTHDAY HENDRIKA! Sweet Teriyaki Glazed Salmon Parsley Rice Spinach Artichoke Pizza Green Salad SOUP: Italian Vegetable	31 Texas French Toast Beef Tips Au Jus Steamed Red Potatoes Roasted Cauliflower Chicken Tender Sandwich Corn Chips SOUP: Cream of Celery
Meal Times:	MC Breakfast 7:30-8:30	AL Breakfast 8:00-9:00	MC Lunch 11:30-12:30	AL Lunch 12:00-1:00	MC Dinner 4:30-5:30	AL Dinner 5:00-6:00