

ASHFORD MEAL CALENDAR

April

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30 Danish, Eggs, Cottage Ch. Fruit Philly Steak Sandwich, Roasted Sweet Potatoes & Beets, Pickle Spear Chicken Supreme, Vegetable, Roll Soup: White Chicken Chili	31 Sausage Egg & Cheese Biscuit Stuffed Bell Pepper Casserole, Loaded Baked Potato, Steamed Vegetable Pork Tenderloin, Wild Rice Asparagus, Roll Soup: Italian Wedding	1 Breakfast Burrito Baby Back Ribs, Creamed Corn Gulliver, Coleslaw, Cornbread Hamburger Sliders with Bacon, Tater Tots, Jello Cup Soup: French Onion	2 Overnight Oats Turkey Cranberry Sandwich, Strawberry Spinach Salad, Chips Sweet & Sour Pork, Green Beans, Egg Roll Soup: Italian Tortellini	3 Breakfast Quiche White Chicken Enchilada, Steamed Rice, Sauteed Carrots BLT Sandwich, Potato Salad, Fruit Cup Soup: Creamy Tomato	4 Eggs Benedict Parmesan Tilapia, Wild Rice, Steamed Vegetable Swedish Meatballs, Egg Noodles, Vegetable, Roll Soup: Clam Chowder	5 Biscuits & Gravy Chicken Alfredo Tortellini, Mixed Vegetables, Breadstick Chef Salad: Ham, Bacon, Egg, Cheese, Tomato, Onion, Roll Soup: Creamy Chicken Noodle
6 French Toast with Berries Meatloaf, Mashed Potatoes, Gravy, Green Beans Lemon Honey Chicken, Wild Rice, Roll Soup: Creamy Potato	7 Oats, Toast, Fried Egg McRib Sandwich, Baked Beans, Broccoli Salad Hamburger Quiche, Spinach Salad, Fresh Fruit Soup: Minestrone	8 Berry Bake Southwest Chicken Pocket, Rice, Black Bean & Corn Salsa, Sauteed Carrots Baked Potato, Chili, Cheese, Sour Cream, Garden Salad Soup: Broccoli Cheese	9 Muffin, Eggs, Yogurt Beef Stew, Garden Salad, Cornbread Sliced Ham, Hawaiian Roll, Roasted Potatoes, Peas & Carrots Soup: Chicken & Wild Rice	10 Ham, Cheese, Egg McMuffin Spaghetti with Meatsauce, Caesar Salad, French Bread Pineapple & Pepper Chicken, Rice, Egg Roll Soup: Vegetable	11 Breakfast Scramble Chicken Pita, Greek Salad with Beets, Quinoa with Herbs Tuna Melt, Pasta Salad, Chips Soup: Corn Chowder	12 Bagel, Cream Cheese, Eggs Taco Salad: Tortilla Chips, Beef, Beans, Lettuce, Tomato, Cheese, Sour Cream Orange Chicken, Chow Mein, Potstickers Soup: Creamy Tomato
13 Breakfast Casserole Roast Beef, Potatoes & Carrots, Roll Chicken Salad Croissant, Waldorf Salad, Chips Soup: Butternut	14 Sausage Egg & Cheese Biscuit BBQ Chicken, Loaded Baked Potato, Cream Corn Gulliver Ranch Turkey Bacon Wrap, Cabbage Ramen Salad, Chips Soup: Navy Bean & Ham	15 Breakfast Burrito Chicken Pot Pie, Garden Salad, Orange Slices Kielbasa Sausage Bake, Mixed Vegetables, Roll Soup: French Onion	16 Overnight Oats Navajo Taco: Chili, Cheese, Lettuce, Tomato, Sour Cream Chicken Divan Casserole, Vegetable, Roll Soup: Italian Tortellini	17 Breakfast Quiche Rotisserie Chicken, Baked Yam, Vegetables, Rosemary Bread Grilled Ham & Cheese, Cup of Tomato Soup Soup: Creamy Tomato	18 Eggs Benedict Coconut Shrimp, Orange Chili Sauce, Rice Pilaf, Vegetable Turkey Dressing Casserole, Cranberry Sauce, Vegetable, Roll Soup: Clam Chowder	19 Biscuits & Gravy Open-Faced Beef Sandwich, Mashed Potatoes, Gravy, Mixed Vegetables Baked Ziti, Garden Salad, Garlic Bread Soup: Creamy Chicken Noodle
20 French Toast with Berries Easter Sunday Spiral Ham, Cheesy Potatoes Green Bean Casserole, Roll Egg Salad Croissant, Pasta Salad, Chips Soup: Creamy Potato	21 Oats, Toast, Fried Egg Shredded BBQ Pork Sandwich, Swiss Cheese, Pineapple Slice, Coleslaw, Sweet Potato Fries Apricot Chicken, Rice Pilaf, Green Beans, Roll Soup: Minestrone	22 Berry Bake Beef Fajitas: Onions, Peppers, Tortilla, Beans, Rice, Sour Cream Krab Salad: Lettuce, Tomato, Egg, Lemon Wedge, Cracker Soup: Broccoli Cheese	23 Muffin, Eggs, Yogurt Brisket, Mashed Potatoes, Gravy, Vegetables Hot Dog with Chili & Cheese, Tater Tots, Jello Salad Soup: Chicken & Wild Rice	24 Ham, Egg & Cheese McMuffin Shredded Pork, Hawaiian Roll, Hawaiian Macaroni Salad, Fresh Fruit Chicken Tetrizzini, Vegetable, Rosemary Bread Soup: Vegetable	25 Breakfast Scramble Salmon, Wild Rice, Asparagus Pizza (Pepperoni or Hawaiian) Garden Salad, Jello Salad Soup: Corn Chowder	26 Bagel, Cream Cheese, Eggs Chicken Ranch Sandwich, 5 Cup Salad, Chips Beef & Potato Casserole, Vegetables, Roll Soup: Creamy Tomato
27 Breakfast Casserole Turkey, Mashed Potatoes, Gravy, Cranberry Sauce, Vegetable, Roll Fish & Chips, Tartar Sauce, Coleslaw Soup: Butternut	28 Sausage Egg & Cheese Biscuit Teriyaki Chicken, Chow Mein, Egg Roll, Fortune Cookie Sloppy Joe, Tater Tots, Peas & Carrots Soup: Navy Bean & Ham	29 Breakfast Burrito Pork Loin, Baked Yam, Mixed Vegetables Beef Stroganoff, Egg Noodles, Vegetable, Roll Soup: French Onion	30 Overnight Oats Cheeseburger, Lettuce, Tomato, Onion, Pickle, Potato Salad, Tapioca Pudding Chicken Cordon Bleu, Rice Pilaf, Sauteed Carrots Soup: Italian Tortellini	Memory Care Mealtimes Breakfast: 7:30-8:30 Lunch: 11:30-12:30 Dinner: 4:30-5:30	Assisted Living Mealtimes Breakfast: 8:00-9:00 Lunch: 12:00-1:00 Dinner: 5:00-6:00	Lunch/Dinner Alternatives: Cheeseburger, Chef Salad, Baked Potato, Grilled Cheese, Tuna, Egg Salad, Deli, PB&J Sandwich